

\$2

NEW SOUTH WALES COMBINED HIGH SCHOOLS

ROWING



Manning River Rowing Club

Saturday March 14,
Sunday March 15



NEW SOUTH WALES COMBINED HIGH SCHOOLS SPORTS ASSOCIATION



2015 ROWING CHAMPIONSHIPS



Covener's Message

Acknowledgements

Beat the Heat

Lightning Action Plan

Notice To Competitors

First Aid & Safety

Championship Rules

Order Of Finals Events

The Rowing Sub Committee

Rules Of Entry

Trophies

Race Schedule

Heats / Semi-Finals

Finals

NSWCCHSSA Rowing Records

NSWCHSSA Life Members - Rowing

Rowing "Blue" Recipients

Convener's Message

I am very pleased to welcome all athletes, coaches, officials, guests and supporters to the 2015 NSWCHSSA Rowing Championships Regatta at Manning River Rowing Club on the Manning River course in Taree.

Rowing is physically and mentally demanding and is often referred to as "the ultimate team sport" because of its demands on teamwork, synchronicity and group commitment. Participation in the sport will contribute to the athletes' physical, education and life-skill development – lessons and skills for life.

Rowing is one of the world's last remaining international amateur sports and recognised for its tradition and appeal to athletes of all ages. Competitors at this regatta are part of a much larger rowing community of over 15,000 athletes and 200 schools across Australia.

Manning River Rowing Club has stepped in to ensure the 2015 regatta is run at a safe and well recognised venue in the regional area of Taree. The efforts of this premier club are much appreciated. In particular, Graham Nix has allowed this organisation to be almost effortless from the perspective of the CHS convener.

I acknowledge and appreciate the hard work and dedication of the rowers, teachers, coaches and parents and the many long and hard training sessions that have been held in order to bring the students to the standard that they have achieved for this competition. Recognition must also be given for the work long term work of Mr Terry Vercoe as the Convener of CHS rowing up to 2014. Terry has ensured the competition's future and established a tradition of fair competition and broad involvement.

To all of the competing athletes, whether a beginner, a champion or a would-be champion, I hope you have an enjoyable regatta and achieve your personal goals.

Good luck.

Greg Smith

Rowing Convener

New South Wales Combined High Schools Sports Association



Acknowledgements

NSWCHSSA would like to express their appreciation to the following people for their assistance in conducting the 2015 NSWCHSSA Rowing Championships:

Regatta Manager **Greg Smith**

Umpire/Referee **Greg Smith**

All Coaches, Parents and Teachers for their assistance in regatta organisation.

NSW Union of Boat Race Officials

Rowing New South Wales **Mr Paul Coates**

Announcer

Katie Kershaw **Rivendell School**
NSW Union of Oarswomen

Special Guests

Recorders **Robyn and John Lauder**

To the parents who have supported their children through a long season of training sessions and regattas that have prepared them to compete at these Championships, a very special thanks.

Beat the Heat - Competing safely in hot weather

SOURCE: Sports Medicine Australia 'Beat the Heat' Fact Sheet

Heat exhaustion is not a trifling matter - it is a serious health risk. There are however, common sense steps that coaches and athletes can take to minimise the risks.

Why beat the heat?

Hot weather can harm the performance and health of all athletes - from the elite to weekend and amateur. Special care should be taken by the inexperienced young rower. Exercising in hot weather conditions can place participants at risk of heat illness, and in extreme circumstances, even death.

How do you tell if someone has heat injury?

Heat injury may present itself in various forms, including cramps, heat exhaustion and heat stroke. During exercise an athlete may produce 15-20 times the amount of heat produced at rest. In normal circumstances the adult body uses physiological mechanisms such as sweating to overcome the production of excess heat. However in extremely hot conditions adults may experience difficulties dissipating the heat being produced and as a consequence heat injury or illness may be experienced. Factors contributing to heat illness include high ambient (air) temperature, solar radiation, humidity and dehydration.

Heat exhaustion

Dehydration can lead to exhaustion. Symptoms of heat exhaustion may include; high heart rate, dizziness, loss of endurance/skill, confusion, nausea, cool skin but paler than normal, little urine passed but highly concentrated, cramps (associated with dehydration)

If the victim is exhibiting signs of heat stress or heat exhaustion take the following action;

- 1. remove from their boat*
- 2. lay the victim down in a cool place*
- 3. give plenty of cool water*
- 4. if the competitor is confused or unable to drink water seek medical help immediately*

Heat Stroke

Severe dehydration may lead to heat stroke which is potentially fatal and must be treated immediately by a medical practitioner. Athletes who keep participating when suffering from heat exhaustion may suffer heat stroke. Heat stroke can still occur even if the athlete has been drinking plenty of fluid. It is important to cool the athlete as quickly as possible.

Heat stroke symptoms include dry skin, confusion, collapsing.

- If the athlete is showing any symptoms of heat stroke take the following action:
- call the emergency medical assistance*
- remove from the boat and lay the victim in a cool place*
- give cool water to drink if conscious*
- cool the athlete by putting in a cool bath, shower or hose, applying ice packs to the armpits or groin or use wet towels*
- maximise airflow over the athlete through the use of a fan or fan them with towels.*

What steps can be taken to prevent players getting heat injury?

There are circumstances when athletes are required to row in hot conditions. The risk of experiencing heat illness, particularly in such conditions can be reduced by employing any number of strategies. These include:

- **Hydration** - the more an athlete sweats, the more fluid they must consume to avoid dehydration. High levels of dehydration may increase the risk of heat illness. To diminish the risk of heat illness fluids should be consumed before, after and during activity.*

*Thirst should not be relied upon as an indicator of an athlete's fluid needs. Dehydration can even occur when lots of fluid has been consumed. **It is recommended athletes drink at least 7-8ml of fluid per kg of body mass (500ml for a 65kg athlete) no more than 2 hours before exercising to promote adequate hydration and allow time for excretion of excess water.***

During exercise it is recommended that participants should drink fluid at regular intervals to replace water lost through sweating.

Participants should aim to drink at least **3 ml per kg of body mass (about 250ml for the 70kg athlete every 15-20 minutes)**. However this may vary dependent on the rate of sweating. Fluid taken should be cooler than the ambient (air) temperature.

Research indicates that sports drinks such as Gatorade can be beneficial for replacing fluids, energy and electrolytes lost during exercise. They are formulated for fast absorption giving muscles energy to work longer and harder as they replace electrolytes lost through sweating. Water is also considered an adequate option to replace fluids, but only for activities lasting up to one hour.

- **Player rest**

In conditions of high risk participants should be provided opportunities to rest. The positive effects of rest breaks should also be maximised by employing the following strategies:

- *Allowing players to rest in naturally shaded areas, or providing portable structures that create shade where and when required.*
- *Providing fans, ice packs or ice vests*
- *providing additional fluids to allow participants to spray or douse themselves.*

- **Clothing**

Light coloured, loose fitting clothes, of natural fabrics, with high wicking (absorption) properties, that provide for adequate ventilation are recommended as the most appropriate clothing in the heat. This clothing should further complement the existing practices in Australia that protect the skin against permanent damage from the sun.

- **Pre-cooling**

Pre-cooling by cool water immersion or the wearing of ice vests may be of benefit to many athletes. However, the effects of pre-cooling can be reduced by a warm up. Therefore, any pre-cooling strategy is better done with conjunction with modified warm-up.

- **Prior Medical Conditions**

It is important to know if any of the participating athletes have any medical condition or are taking medication that may predispose them to heat illness. Examples include asthma, diabetes, pregnancy, heart conditions and epilepsy. Some medications and conditions may need special allowances. Any athlete that is experiencing a high temperature, viral infection, diarrhoea, or vomiting should be excluded from participating due to increased risk of heat illness. This is of special concern to the Masters rowers.

- **Hats and Sunscreen**

Hats and sunscreen should also be used to assist in the prevention of heat illness. Sunscreens should be water soluble. Hats should be well vented.

- **First Aid Personal**

Trained personal are available to manage heat injuries. Heat Stroke is potentially life threatening. Any indication of this condition should be immediately referred for medical assessment and every effort made to cool the athlete in the meantime.

Lightning action plan

Preventative measures:

- *Identifying safe and unsafe structures during an electrical storm: No place is absolutely safe from lightning strikes however some places are much safer than others. Each NSWSR Centre should identify and inform staff of these relevant safe areas*
- *Regular monitoring of weather conditions through Bureau of Meteorology, Radar, lightning tracker, satellite etc*

Safer areas include:

- *Substantial enclosed buildings*
- *Low ground, sheltering in clumps of low bushes*
- *Trees of uniform height such as a forest*
- *Enclosed vehicles with windows closed – do not touch metal parts*

Unsafe areas include:

- *High ground*
- *Open areas*
- *Water*
- *Isolated or tall trees*
- *Close proximity to outdoor metal structures such as fences, gates, poles, seating and ropes courses*
- *Insubstantial outdoor structures such as picnic sheds and shade shelters*
- *Machinery such as mowers or unenclosed tractors*

If caught outside during a storm and your hair stands on end or you hear buzzing/crackling noises in the air, you are within the field or charge of a lightning strike. Remove all metal objects (keys, badges, belts, etc); crouch down with feet together, head down and hands over your ears. It is safer to adopt this position if outdoors than to be in one of the unsafe situations above.

Criteria for the suspension and resumption of outdoor operations and activities

Generally, 10km is the minimum safe distance from a storm. The 30/30 rule is used to serve as a guide for the suspension and safe resumption of outdoor operations and activities.

The first part of the 30/30 rule is determined by counting the seconds from when you see a lightning 'flash' until you hear the thunder 'bang'. Sound travels at about 1 kilometre every 3 seconds, so a 30 second interval means the storm is approximately 10km away.

Staff should monitor the storm's approach and as the 'flash' to 'bang' count nears 30 seconds, people at risk should start to seek safe shelter. A flash to bang' count of 30 seconds or less requires immediate and urgent evacuation to safety.

The second part of the 30/30 rule provides the criteria for resuming activities. The recommended safe distance from a storm is 20km. A typical storm moves at 40km/h, so waiting 30 minutes after the last thunder is heard or lightning seen provides the safe 20km distance.

Blue sky and the absence of rain are not adequate reasons to resume activities.

The 30/30 rule is not an absolute rule. In mountainous terrain and in particular windy conditions, staff should use discretion, and the suspension of activities may need to occur sooner than previously prescribed.

Notice To Competitors

Welcome to the 2014 NSWCHSSA Rowing Championships. The regatta will be conducted in accordance with the Rules, By-Laws and Laws of Boat Racing of the N.S.W. Rowing Association Inc. and NSW Combined High School Sports Association.

ELIGIBILITY: Each competitor must be eligible to compete with respect to the Rules governing NSWCHSSA Rowing as set out below. Substitutes in crews, including coxswains, must be advised in writing to the Referee on a Substitution Form (Schedule 15) prior to competing. No change in personnel of a crew is permitted between the heat and the final of an event.

START: At the Start, lane Number 1 is on the LEFT hand side of the course looking from the start to the finish. The start signal and stop signal will be one horn blast. The Umpire's signal to stop rowing will be the waving of a red flag. The first crew to cross the line will receive a horn blast, other crews crossing the line will be acknowledged by horn sound. All crews must be in the starter's control 5 minutes before their event. A marshalling boat may assist the starter.

Races will not be delayed for latecomers, UNLESS the referee has been given due notice. The referee will be located in the tower – coaches should notify him at least half an hour in advance.

Crews or scullers not intending to race must lodge a withdrawal form with the regatta secretary not later than 60 minutes prior to the first race of their event. Finals for all events will be conducted in the order laid down in the Regatta Programme, unless otherwise broadcast by the Referee at the regatta venue.

LANE NUMBERS: A lane number of the approved type and size must be carried by each crew or sculler in every race and fitted into a number holder on the bow of each boat. Approved lane numbers may be hired for \$10 each. This hire fee is fully refundable on return of the number.

SAFETY AND EQUIPMENT: Bow balls of an approved type must be securely fitted to the bow of each competing boat; no boat will be permitted to start in breach of this safety regulation.

COXSWAINS: Umpires may conduct random checks of coxswains weight. When instructed to be weighed, crews must immediately proceed to the specified place for the coxswain to be check weighed. Coxswains must carry sufficient lead or other metallic weight (no water bottles, bricks or sand bags) to exceed the minimum weight when wearing rowing suit.

DO NOT ROW TO THE START ON THE COURSE or obstruct racing in any way. No crew is permitted to warm down or train on the course during the scheduled racing periods. No speedboats (other than those engaged by the regatta organisers for use by the Boat Race Officials) are permitted on, or along side, the course during the regatta. Refer to the course map in this programme for instruction for travelling to the start.

COURSE CLOSURE: The regatta course will be closed to all crews who are not proceeding to the start of their event, 30 minutes before the commencement of each racing session.

PRESENTATION OF TROPHIES: Presentation of medals and trophies will take place as soon as practicable after each event final. Pointscore trophies will be presented ASAP after the last event.

APPEALS AND PROTESTS - any appeal or protest shall be made in writing to the Championship Convener immediately after the finish of the race by a representative of the school concerned.

Traffic flow :

Please adhere to these traffic flow guidelines

- *Competitors must not row to the start on the course or obstruct racing in any way. There is lane provided on the western (near) bank as per the traffic flow diagram attached.*
- *As you await for your turn to put your boat on the water, please be mindful of other crews – sometimes a crew may need to "push in" as their boat is required urgently by another crew.*
- *After crossing the finish line, proceed immediately to the boating area.*

First Aid & Safety

In addition to the standard practice of a Boat Race Official following each race down the course, there will be safety/marshalling boat at the start of each race, as well as a rescue boat at the finish.

Located within the Finish Tower is a qualified first aid officer.

In the event of an emergency dial '000' - the ambulance station is only a short distance away.

- *If you happen to fall out of your boat remain with it until a safety/umpire boat arrives.*
- *Weather and water conditions can vary through out the day – these will be monitored by the referee on the day.*

Be conscious of heat and sun conditions – make use of sun creams and hats and drink water to maintain fluid levels

Note: the Convener needs to be made aware of any serious incident or injury. A school representative will need to complete an Incident Report

NSWCHSSA CHAMPIONSHIP RULES

6.14.1 CHAMPIONSHIP RULES

(a) STATUS

- (i) *UNDER 17-* A competitor ceases to be Under 17 on 31st December of the year in which he/she reaches the age of 16 years.
- (ii) *UNDER 16-* A competitor ceases to be Under 16 on 31st December of the year in which he/she reaches the age of 15 years.
- (iii) *UNDER 15-* A competitor ceases to be Under 15 on 31st December of the year in which he/she reaches the age of 14 years.
- (iv) Every rower must be in a position to prove his/her age by production of an official document (eg. birth certificate, drivers license)
- (v) *FRIENDSHIP RACE-* this race is open to Championship competitors.

(b) WEIGHT RESTRICTIONS

- (i) *Coxswains:* Minimum weight 50kg for all schoolboy events.
- (ii) *Coxswains:* Minimum weight 45kg for all schoolgirl events.
- (iii) Medals will not be awarded to coxswains in Coxless events

(c) DISTANCE

- (i) *Championship and Under 17 events* - 2000m
- (ii) *Under 16, Under 15, Regional Eight* -1000m

(d) POINTSCORE

- (i) The 3 pointscore trophies Schoolboys, Schoolgirls and Championship School will be decided on the following scoring system

1st 4 points 2nd 2 points 3rd 1 point
- (ii) Points will only be awarded for the highest place where the same school fills two or more places
- (iii) Points will be awarded for all finals except the Regional Eight Race.

(e) SPECIAL AWARDS

(i) **The Gabrielle Pritchard Memorial Award**

At the conclusion of the CHS Rowing Championship Regatta the Convener and the Umpire Referee shall choose the most outstanding female competitor of the Championship for that year and she shall be awarded the "Gabrielle Pritchard Memorial Trophy".

(i) **The Reg Galvin Memorial Award**

At the conclusion of the CHS Rowing Championship Regatta the Convener and the Umpire Referee shall choose the most outstanding male competitor of the Championship for that year and he shall be awarded the "Reg Galvin Memorial Trophy".

(iii) **NSW CHS Rowing Blue**

To qualify for a Blue a rower must satisfy the requirements 4.5.2 and/or any rower winning an event at the CHS Regatta will be deemed to be representing NSW CHS at the Australian Titles (for that year) thus allowing them to be eligible for a NSW CHS Rowing Blue.

(iv) **Life Membership** Sports Specific Teacher/Non Teacher

Be awarded as follows: A person who has given 10 years of active service and/or who has made a significant contribution to rowing in such a way that it has led to obvious and significant changes or development of rowing at the CHS level.

(f) CONDUCT OF THE REGATTA

- (i) The regatta will be conducted in accordance with the CHS Rowing Championship Rules and NSWCHSSA, Rules in conjunction with the NSW Rowing Association Laws of Boat Racing.
- (ii) A meeting of all Boat Race Officials and School Representatives will be held at least 1 hour prior to the first event of each day of racing. This will inform all parties of any changes to rules, program alterations and procedures to be followed for the regatta.

6.14.2 ORDER OF FINALS EVENTS

- ❖ *Men's Under 16 Single Scull*
- ❖ *Womens Under 15 Coxed Quad Scull*
- ❖ *Men's Under 15 Double Scull*
- ❖ *Women's Under 17 Single Scull*
- ❖ *Championship Mens Coxed Quad Scull*
- ❖ *Championship Womens Eight*
- ❖ *Men's Under 17 Double Scull*
- ❖ *Women's Under 15 Single Scull*
- ❖ *Womens Under 16 Coxed Quad Scull*
- ❖ *Championship Mens Pair*
- ❖ *Championship Womens Single Scull*
- ❖ *Women's Under 17 Double Scull*
- ❖ *Mens Under 15 Coxed Quad Scull*
- ❖ *Women's Under 16 Single Scull*
- ❖ *Championship Womens Pair*
- ❖ *Championship Mens Coxed Four*
- ❖ *Mens Under 17 Coxed Quad Scull*
- ❖ *Championship Womens Double Scull*
- ❖ *Women's Under 15 Double Scull*
- ❖ *Mens Under 16 Coxed Quad Scull*
- ❖ *Championship Mens Single Scull*
- ❖ *Championship Mens Eight*
- ❖ *Men's Under 15 Single Scull*
- ❖ *Men's Under 16 Double Scull*
- ❖ *Womens Under 17 Coxed Quad Scull*
- ❖ *Men's Under 17 Single Scull*
- ❖ *Championship Mens Double Scull*
- ❖ *Championship Womens Coxed Quad Scull*

6.14.3 THE ROWING SUB COMMITTEE

- (a) The Rowing Sub-Committee will meet at each CHS Championship Regatta.*
- (b) A quorum for the Rowing Sub-Committee shall be either one half the number of schools competing at the Championship regatta or seven, whichever is smaller.*
- (c) Members of the rowing sub-committee shall be:*
 - (i) The Convener, who shall be chairperson with a casting vote.*
 - (ii) One representative from each school competing at the Championship Regatta.*
 - (iii) One representative from any non-competing school which has competed at any of the previous two Championship regattas.*
 - (iv) A proxy vote may occur if the Convener receives a letter, signed by the Principal before the start of the Sub-Committee meeting.*
- (d) Duties of the Rowing Sub-Committee shall be:*
 - (i) To amend the CHS Rowing Rules as appropriate each year by*
 - (a) where possible submitting Notices of Motion to the convener with entries:*
 - (b) Motions passed at the Sub-Committee meeting shall be forwarded to CHS Council for passing before they become effective.*
 - (ii) To select the venue for the CHS Championships two years in advance and propose preferred dates for the Championships.*
 - (iii) The host school for the next year shall confirm their willingness to host the next Championships. If this confirmation is not received then the Sub Committee shall select a new host for that year.*

6.14.4 RULES OF ENTRY

- (a) A competitor may only compete in one event in one class of boat except that:*
 - (i) A competitor may only compete in one event in each class of boat up to a maximum of three events. The classes of boats are single, double, quad sculls, pairs, fours, eights. This is in addition to the Regional Eight Race.*
 - (ii) Under 15 competitors may only compete in sculling events.*
- (b) Any competitor who enters in more than one event in the same class of boat in contravention of 6.14.4(a) will be drawn in the most senior event.*
- (c) All crew members including the coxswain must attend the same State High School.*
- (d) All boats must carry lane numbers. These may be hired from the NSWCHSSA via the Convener for a deposit of \$10.*
- (e) Each competitor pays a \$15 levy which shall be forwarded with their entry. This levy shall be \$15 regardless of number of events or whether coxswain or rower. NB All cheques for levies should be made out to "NSW CHS Sports Association"*
- (f) Entries shall close at 2.30pm on Friday at least two weeks prior to the Championships. Entries are to be posted to the conveners school. The convener will then construct and distribute the draw.*
- (g) NO LATE ENTRIES WILL BE ACCEPTED*
- (h) The entry form should include the event filled in with the code letters and race number from the order of events, and crews numbers only when more than one crew is entered from that school in that event*

EVENT**TROPHY****DONATED BY**

| | | |
|---|--|---------------------------------------|
| <i>Championship Mens Eight</i> | <i>Haberfield Rowing Club Shield</i> | <i>Haberfield Rowing Club</i> |
| <i>Mens Under U16 Quad Scull</i> | | |
| <i>Womens U16 Single Scull</i> | <i>Union of Old Oarsmen</i> | |
| <i>Championship Womens Double Scull</i> | <i>Plumbing NSW Trophy</i> | |
| <i>Mens U15 Single Sculls</i> | <i>NSW Union of Old Oarsmen</i> | <i>NSW Union of Old Oarsmen</i> |
| <i>Championship Mens Pair</i> | | |
| <i>Womens U17 Quad Scull</i> | <i>Gwyn Addicott Trophy</i> | |
| <i>Womens U15 Double Scull</i> | <i>Westfields Sports High School Trophy</i> | <i>Westfields Sports High School</i> |
| <i>Championship Mens Single Scull</i> | <i>Graeme Essex Trophy</i> | <i>Graeme Essex</i> |
| <i>Mens U16 Double Sculls</i> | <i>Westfields Sports High Trophy</i> | |
| <i>Championship Womens Four</i> | <i>North Sydney Girls High School Cup</i> | <i>North Sydney Girls High School</i> |
| <i>Mens U15 Quad Scull</i> | <i>McLennan Family Trophy</i> | <i>Neil McLennan</i> |
| <i>Mens U17 Double Scull</i> | <i>Grafton City Council</i> | |
| <i>Womens U17 Single Scull</i> | <i>Marilyn Kidd Trophy</i> | |
| <i>Championship Mens Quad Scull</i> | <i>Combined High Schools Sports Association</i> | <i>NSWCHSSA</i> |
| <i>Womens U16 Double Scull</i> | <i>NSW Union Of Oarswomen</i> | |
| <i>Championship Womens Eight</i> | <i>The Molly Callander Trophy</i> | <i>NSWRA</i> |
| <i>Womens U15 Single Scull</i> | <i>NSW Union of Old Oarsmen</i> | <i>NSW Union of Old Oarsmen</i> |
| <i>Mens U17 Quad Scull</i> | <i>Doc Rylance Trophy</i> | |
| <i>Championship Mens Double Scull</i> | <i>Plumbing NSW Trophy</i> | |
| <i>Championship Womens Single Scull</i> | <i>Merv Perry Trophy</i> | <i>NSW Union of Oarswomen</i> |
| <i>Mens U15 Double Scull</i> | <i>Westfields Sports High School Trophy</i> | <i>Westfields Sports High</i> |
| <i>Womens U16 Quad Sculls</i> | <i>Union of Oarswomen</i> | <i>Union of Oarswomen</i> |
| <i>Mens U17 Single Scull</i> | <i>Croker Oars Trophy</i> | <i>Croker Oars</i> |
| <i>Championship Womens Pair</i> | <i>The City of Greater Taree 1982-1999</i> | |
| | <i>Sydney University Womens Sports Association</i> | |
| <i>Womens U15 Quad Scull</i> | <i>Nepean District Schools Rowing Association</i> | |
| <i>Womens U17 Double Scull</i> | <i>Grafton City Council</i> | <i>Grafton City Council</i> |
| <i>Championship Mens Four</i> | | |
| <i>Championship Womens Quad Scull</i> | <i>Nepean District Schools Rowing Association</i> | |
| <i>Mens U16 Single Scull</i> | | |
| CHAMPIONSHIP SCHOOL | <i>Peter Bond Cup</i> | |
| SCHOOLGIRL POINTSCORE | <i>Jan Cox Trophy</i> | |
| SCHOOLBOY POINTSCORE | <i>NSWRA</i> | |
| GABRIELLE PRITCHARD | | <i>Pritchard Family</i> |
| REG GALVIN | | |

Race Schedule

| <u>Race</u> | <u>Time</u> | <u>Event</u> | <u>Distance</u> |
|-------------|-------------|--|-----------------|
| 1 | 9:00 AM | 3. Men's Under 16 Single Scull | Heat 1 1000 |
| 2 | 9:08 AM | | Heat 2 1000 |
| 3 | 9:16 AM | | Heat 3 1000 |
| 4 | 9:24 AM | 5. Men's Under 15 Double Scull | Heat 1 1000 |
| 5 | 9:32 AM | | Heat 2 1000 |
| 6 | 9:40 AM | 6. Women's Under 17 Single Scull | Heat 1 2000 |
| 7 | 9:48 AM | | Heat 2 2000 |
| 8 | 9:56 AM | | Heat 3 2000 |
| 9 | 10:04 AM | 9. Men's Under 17 Double Scull | Heat 1 2000 |
| 10 | 10:12 AM | | Heat 2 2000 |
| 11 | 10:22 AM | 10. Women's Under 15 Single Scull | Heat 1 1000 |
| 12 | 10:30 AM | | Heat 2 1000 |
| 13 | 10:38 AM | | Heat 3 1000 |
| 14 | 10:46 AM | 12. Championship Mens Pair | Heat 1 2000 |
| 15 | 10:54 AM | | Heat 2 2000 |
| 16 | 11:02 AM | 13. Championship Womens Single Scull | Heat 1 2000 |
| 17 | 11:10 AM | | Heat 2 2000 |
| 18 | 11:18 AM | 14. Women's Under 17 Double Scull | Heat 1 2000 |
| 19 | 11:26 AM | | Heat 2 2000 |
| 20 | 11:36 AM | 16. Women's Under 16 Single Scull | Heat 1 1000 |
| 21 | 11:44 AM | | Heat 2 1000 |
| 22 | 11:52 AM | 21. Women's Under 15 Double Scull | Heat 1 1000 |
| 23 | 12:00 PM | | Heat 2 1000 |
| 24 | 12:08 PM | 23. Championship Mens Single Scull | Heat 1 2000 |
| 25 | 12:16 PM | | Heat 2 2000 |
| 26 | 12:26 PM | 26. Men's Under 15 Single Scull | Heat 1 1000 |
| 27 | 12:34 PM | | Heat 2 1000 |
| 28 | 12:42 PM | | Heat 3 1000 |
| 29 | 12:50 PM | 28. Womens Under 17 Coxed Quad Scull | Heat 1 2000 |
| 30 | 12:58 PM | | Heat 2 2000 |
| 31 | 1:06 PM | 29. Men's Under 17 Single Scull | Heat 1 2000 |
| 32 | 1:14 PM | | Heat 2 2000 |
| 33 | 1:22 PM | | Heat 3 2000 |
| 34 | 1:30 PM | 30. Championship Mens Double Scull | Heat 1 2000 |
| 35 | 1:38 PM | | Heat 2 2000 |
| 36 | 2:08 PM | 32. Womens Inter-Regional Eight | Final 2000 |
| 37 | 2:18 PM | 33. Mens Inter-Regional Eight | Final 2000 |

Race Schedule

| <u>Race</u> | <u>Time</u> | <u>Event</u> | <u>Distance</u> | |
|-------------|-------------|---|-----------------|------|
| 38 | 8:00 AM | 2. Women's Under 16 Double Scull | Final | 1000 |
| 39 | 8:10 AM | 3. Men's Under 16 Single Scull | Final | 1000 |
| 40 | 8:20 AM | 4. Women's Under 15 Coxed Quad Scull | Final | 1000 |
| 41 | 8:30 AM | 5. Men's Under 15 Double Scull | Final | 1000 |
| 42 | 8:40 AM | 6. Women's Under 17 Single Scull | Final | 2000 |
| 43 | 8:50 AM | 7. Championship Mens Coxed Quad Scull | Final | 2000 |
| 44 | 9:00 AM | 8. Championship Womens Eight | Final | 2000 |
| 45 | 9:10 AM | 9. Men's Under 17 Double Scull | Final | 2000 |
| 46 | 9:20 AM | 10. Women's Under 15 Single Scull | Final | 1000 |
| 47 | 9:30 AM | 11. Womens Under 16 Coxed Quad Scull | Final | 1000 |
| 48 | 9:40 AM | 12. Championship Mens Pair | Final | 2000 |
| 49 | 9:50 AM | 13. Championship Womens Single Scull | Final | 2000 |
| 50 | 10:00 AM | 14. Women's Under 17 Double Scull | Final | 2000 |
| 51 | 10:10 AM | 15. Men's Under 15 Coxed Quad Scull | Final | 1000 |
| 52 | 10:20 AM | 16. Women's Under 16 Single Scull | Final | 1000 |
| 53 | 10:40 AM | 18. Championship Mens Coxed Four | Final | 2000 |
| 54 | 10:50 AM | 19. Men's Under 17 Coxed Quad Scull | Final | 2000 |
| 55 | 11:00 AM | 20. Championship Womens Double Scull | Final | 2000 |
| 56 | 11:10 AM | 21. Women's Under 15 Double Scull | Final | 1000 |
| 57 | 11:20 AM | 22. Men's Under 16 Coxed Quad Scull | Final | 1000 |
| 58 | 11:30 AM | 23. Championship Mens Single Scull | Final | 2000 |

Lunch Break

| | | | | |
|----|----------|--|-------|------|
| 59 | 12:20 PM | 24. Championship Mens Eight | Final | 2000 |
| 60 | 12:40 PM | 26. Men's Under 15 Single Scull | Final | 1000 |
| 61 | 12:50 PM | 27. Men's Under 16 Double Scull | Final | 1000 |
| 62 | 1:00 PM | 28. Womens Under 17 Coxed Quad Scull | Final | 2000 |
| 63 | 1:10 PM | 29. Men's Under 17 Single Scull | Final | 2000 |
| 64 | 1:20 PM | 30. Championship Mens Double Scull | Final | 2000 |
| 65 | 1:30 PM | 31. Championship Womens Coxed Quad Scull | Final | 2000 |

RACE 1 Men's Under 16 Single Scull 1000 m 9:00 AM
Heat 1 - Progress : 1,2->Final (Race 39); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|--------------------|---|
| 1 | ___ | Sydney Boys High 6 | Tama Widyatamaka, Coach: James Barr |
| 2 | ___ | Concord High | Cristian Pezo, Coach: Paul Coates |
| 3 | ___ | Sydney Boys High 7 | Clinton So, Coach: James Barr |
| 4 | ___ | Sydney Boys High 1 | Roy Yi, Coaches: Hayden Schilling, Alan Low |
| 5 | ___ | Maclean High | Logan Bolton, Coaches: Harold Kratz, Keryn Saunders |

Time : ____ : ____ . ____ **Margins :** _____

RACE 2 Men's Under 16 Single Scull 1000 m 9:08 AM
Heat 2 - Progress : 1,2->Final (Race 39); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|---------------------|---|
| 1 | ___ | SSC Leichhardt 1 | Benedict Brenner, Coach: Paul Coates |
| 2 | ___ | Sydney Boys High 2 | Flidon Wang, Coaches: Hayden Schilling, Alan Low |
| 3 | ___ | Sydney Boys High 5 | Ryan Zheng, Coach: James Barr |
| 4 | ___ | Maitland Grossman 2 | Jack Davey, Coach: Peter Bond |
| 5 | ___ | South Grafton High | Braden Cooper, Coaches: Adam Dewberry, Colin Lang |

Time : ____ : ____ . ____ **Margins :** _____

RACE 3 Men's Under 16 Single Scull 1000 m 9:16 AM
Heat 3 - Progress : 1,2->Final (Race 39); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|---------------------|--------------------------------------|
| 1 | ___ | Sydney Boys High 3 | Jack Ralph, Coach: James Barr |
| 2 | ___ | Maitland Grossman 1 | Robert Weatherall, Coach: Peter Bond |
| 3 | ___ | Fort Street High 2 | John Bivell, Coach: Paul Coates |
| 4 | ___ | Sydney Boys High 4 | Jason Zhang, Coach: James Barr |
| 5 | ___ | Sydney Boys High 8 | Eric Holmstrom, Coach: Ken Ambler |

Time : ____ : ____ . ____ **Margins :** _____

RACE 4 Men's Under 15 Double Scull 1000 m 9:24 AM
Heat 1 - Progress : 1,2,3->Final (Race 41); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|----------------------|---|
| 2 | ___ | Sydney Boys High 1 | Oliver Gao, Marcus Borszcz, Coach: Ken Ambler |
| 3 | ___ | Sydney Boys High 4 | Angus Ng, Jie Zhou, Coach: Ken Ambler |
| 4 | ___ | Maclean High | Kayleb Andersen, Lachlan Maxwell, Coach: Betty Bogdanek |
| 5 | ___ | South Grafton High 1 | Lex Bagster, Scott Rose, Coaches: Adam Dewberry, Colin Lang |

Time : ____ : ____ . ____ **Margins :** _____

RACE 5 Men's Under 15 Double Scull 1000 m 9:32 AM

Heat 2 - Progress : 1,2,3->Final (Race 41); Rest->Eliminated

Lane Place Crew

2 ____ Sydney Boys High 5 Dennis Cho, Raghav Ramanathan, Coach: Ken Ambler
3 ____ Sydney Boys High 2 Matthew Le, Timothy Trent, Coaches: Ken Ambler, James Barr
4 ____ South Grafton High 2 Caleb Barker, Lachlan Rudder, Coaches: Adam Dewberry, Colin
Lang
5 ____ Sydney Boys High 3 Rongxuan Chong, Thomas Schanzer, Coach: Ken Ambler

Time : ____ : ____ . ____ **Margins :** _____

RACE 6 Women's Under 17 Single Scull 2000 m 9:40 AM

Heat 1 - Progress : 1,2->Final (Race 42); Rest->Eliminated

Lane Place Crew

1 ____ Maclean High 6 Stephanie Poynton, Coach: Betty Bogdanek
2 ____ Sydney Girls 2 Emily Principe, Coach: Zoe Mackenzie
3 ____ Maclean High 4 Amie Inmon, Coach: Betty Bogdanek
4 ____ North Sydney Girls 1 Giselle Dreyer
5 ____ Maclean High 2 Grace Bolton, Coach: Betty Bogdanek

Time : ____ : ____ . ____ **Margins :** _____

RACE 7 Women's Under 17 Single Scull 2000 m 9:48 AM

Heat 2 - Progress : 1,2->Final (Race 42); Rest->Eliminated

Lane Place Crew

1 ____ Merewether High 2 Rani Lewis, Coach: Stephen Townsend
2 ____ Maclean High 7 Angela Loy, Coach: Betty Bogdanek
3 ____ North Sydney Girls 3 Jessica Chuen
4 ____ Maclean High 1 Crystal Piper, Coach: Harold Kratz
5 ____ Sydney Girls 1 Georgia Bradley, Coach: Timothy Hughes

Time : ____ : ____ . ____ **Margins :** _____

RACE 8 Women's Under 17 Single Scull 2000 m 9:56 AM

Heat 3 - Progress : 1,2->Final (Race 42); Rest->Eliminated

Lane Place Crew

2 ____ Maclean High 3 Georgie Dobbin, Coach: Betty Bogdanek
3 ____ North Sydney Girls 2 Kristie Thai
4 ____ Merewether High 1 Grace Harvey, Coach: Stephen Townsend
5 ____ Maclean High 5 Clarissa Cannon, Coach: Betty Bogdanek

Time : ____ : ____ . ____ **Margins :** _____

RACE 9 Men's Under 17 Double Scull 2000 m 10:04 AM
Heat 1 - Progress : 1,2,3->Final (Race 45); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|---------------------------|---|
| 1 | ___ | Maclean High 2 | Jesse Corbett, Mitchell Johns, Coach: Betty Bogdanek |
| 2 | ___ | Concord High | Cristian Pezo, Lloyd Caetano |
| 3 | ___ | Sydney Boys High 1 | Dennis Huynh, Robert Yuan, Coaches: Beryl Crockford, Daniel Tam |
| 4 | ___ | Merewether High 2 | James Purkiss, Riley Fowler, Coach: Stephen Townsend |
| 5 | ___ | Sydney Boys High 2 | Matthew Whittaker, Tushaya Mehndiratta, Coaches: Hayden Schilling, Alan Low |

Time : ____ : ____ . ____ **Margins :** _____

RACE 10 Men's Under 17 Double Scull 2000 m 10:12 AM
Heat 2 - Progress : 1,2,3->Final (Race 45); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|----------------------------|--|
| 1 | ___ | Hunter Perform Arts | Miles Downing-Donnelly, Erik Mackintosh, Coach: Stephen Townsend |
| 2 | ___ | Sydney Boys High 4 | Tom McGrath, Nigel Sun, Coaches: Hayden Schilling, Alan Low |
| 3 | ___ | Maclean High 1 | Logan Bolton, Sebastien Klein, Coaches: Harold Kratz, Keryn Saunders |
| 4 | ___ | Merewether High 1 | James Diemar, Tom Gilbertson |
| 5 | ___ | Sydney Boys High 3 | Jonathan Gao, Samuel Zheng, Coaches: Hayden Schilling, Alan Low |

Time : ____ : ____ . ____ **Margins :** _____

RACE 11 Women's Under 15 Single Scull 1000 m 10:22 AM
Heat 1 - Progress : 1,2->Final (Race 46); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|-----------------------------|---|
| 1 | ___ | Sydney Girls 3 | Sara McDonald, Coaches: Bryony Cole, James Gerofi |
| 2 | ___ | North Sydney Girls 3 | Shivane Gopal |
| 3 | ___ | Maclean High 3 | Clara Samms, Coaches: Keryn Saunders, Harold Kratz |
| 4 | ___ | Sydney Girls 5 | Katherine Di Bana, Coaches: Bryony Cole, James Gerofi |
| 5 | ___ | Maclean High 4 | Stephanie Hutton, Coaches: Keryn Saunders, Harold Kratz |

Time : ____ : ____ . ____ **Margins :** _____

RACE 12 Women's Under 15 Single Scull 1000 m 10:30 AM

Heat 2 - Progress : 1,2->Final (Race 46); Rest->Eliminated

Lane Place Crew

| | | | |
|---|-----|----------------------|--|
| 1 | ___ | Sydney Girls 6 | Whitney Nguyen, Coaches: Bryony Cole, James Gerofi |
| 2 | ___ | Grafton High | Bethany Van Haren, Coaches: Colin Lang, Andrew Tarrant |
| 3 | ___ | Sydney Girls 1 | Jessica Sawang, Coaches: Jonathan Adams, Paul Coates |
| 4 | ___ | North Sydney Girls 2 | Sofia Mendes |
| 5 | ___ | Maclean High 2 | Elissa Metcalfe, Coach: Betty Bogdanek |

Time : ____ : ____ . ____ **Margins :** _____

RACE 13 Women's Under 15 Single Scull 1000 m 10:38 AM

Heat 3 - Progress : 1,2->Final (Race 46); Rest->Eliminated

Lane Place Crew

| | | | |
|---|-----|----------------------|---|
| 1 | ___ | North Sydney Girls 1 | Ela Kos |
| 2 | ___ | Maclean High 1 | Kirilly Maxwell, Coach: Betty Bogdanek |
| 3 | ___ | Sydney Girls 4 | Joyce Qian, Coaches: Bryony Cole, James Gerofi |
| 4 | ___ | North Sydney Girls 4 | Tamarangi Keerthipala |
| 5 | ___ | Sydney Girls 2 | Nell McHugh, Coaches: Jonathan Adams, Paul Coates |

Time : ____ : ____ . ____ **Margins :** _____

RACE 14 Championship Mens Pair 2000 m 10:46 AM

Heat 1 - Progress : 1,2,3->Final (Race 48); Rest->Eliminated

Lane Place Crew

| | | | |
|---|-----|--------------------|--|
| 2 | ___ | Grafton High | Riley Oseland, Jordan Smith, Coaches: Colin Lang, Andrew Tarrant |
| 3 | ___ | Sydney Boys High 1 | James Tinker, Sam Musgrove, Coach: Beryl Crockford |
| 4 | ___ | Maitland Grossman | Brendan Budworth, Robert Weatherall, Coach: Peter Bond |
| 5 | ___ | Lambton High | Aidan O'Donnell, Andrew Gay, Coach: Stephen Townsend |

Time : ____ : ____ . ____ **Margins :** _____

RACE 15 Championship Mens Pair 2000 m 10:54 AM

Heat 2 - Progress : 1,2->Final (Race 48); Rest->Eliminated

Lane Place Crew

| | | | |
|---|-----|--------------------|--|
| 2 | ___ | Sydney Boys High 2 | Jacob Katafono, Wesley Zhang, Coach: Beryl Crockford |
| 3 | ___ | Merewether High | Evan Gresham, Jonathon Clifford, Coach: Stephen Townsend |
| 4 | ___ | Concord High | Lloyd Caetano, Max Brenner, Coach: Timothy Hughes |

Time : ____ : ____ . ____ **Margins :** _____

RACE 16 Championship Womens Single Scull 2000 m 11:02 AM

Heat 1 - Progress : 1,2,3->Final (Race 49); Rest->Eliminated

Lane Place Crew

| | | | |
|---|-----|---------------------------|---|
| 1 | ___ | Maclean High 1 | Marnie Evans, Coach: Keryn Saunders |
| 2 | ___ | Manly Selective | Katie Healy, Coach: Linda Read |
| 3 | ___ | Maclean High 2 | Teagan McFarlane, Coaches: Betty Bogdanek, Keryn Saunders |
| 4 | ___ | Taree High | Averil Thornton, Coach: John Corbett |
| 5 | ___ | Killarney Heights | Tassja Kriek, Coach: Linda Read |
| 6 | ___ | North Sydney Girls | Jessica Yang |

Time : ____ : ____ . ____ **Margins :** _____

RACE 17 Championship Womens Single Scull 2000 m 11:10 AM

Heat 2 - Progress : 1,2,3->Final (Race 49); Rest->Eliminated

Lane Place Crew

| | | | |
|---|-----|---------------------------|---|
| 1 | ___ | Warners Bay High | Andrea Meisenhelter, Coach: Jeanette Beeton |
| 2 | ___ | Lambton High | Memphis Bourne Blue, Coach: Stephen Townsend |
| 3 | ___ | Maclean High 3 | Chianna Dane, Coaches: Betty Bogdanek, Keryn Saunders |
| 4 | ___ | South Grafton High | Kiara Hankinson, Coaches: Colin Lang, Adam Dewberry |
| 5 | ___ | Sydney Girls 1 | Romola Davenport, Coach: Lachlan Carter |

Time : ____ : ____ . ____ **Margins :** _____

RACE 18 Women's Under 17 Double Scull 2000 m 11:18 AM

Heat 1 - Progress : 1,2,3->Final (Race 50); Rest->Eliminated

Lane Place Crew

| | | | |
|------|-----|-----------------------------|---|
| 1 | ___ | North Sydney Girls 1 | Katrina Vergov, Anna Zhou |
| 2 | ___ | Maclean High 4 | Jesse King, Stephanie Poynton, Coach: Betty Bogdanek |
| 3 | ___ | Sydney Girls 2 | Max McHugh, Georgia Bradley, Coach: Timothy Hughes |
| 4 | ___ | Maclean High 2 | Eryn Hammond, Georgie Dobbin, Coach: Betty Bogdanek |
| 5 | ___ | South Grafton High | Laura McCann, Natasha Rudder, Coaches: Adam Dewberry, Colin |
| Lang | | | |
| 6 | ___ | Sydney Girls 3 | Emily Appleton, Isabel Noakes, Coach: Timothy Hughes |

Time : ____ : ____ . ____ **Margins :** _____

RACE 19 Women's Under 17 Double Scull 2000 m 11:26 AM
Heat 2 - Progress : 1,2,3->Final (Race 50); Rest->Eliminated

Lane Place Crew

| | | | |
|---|-----|-----------------------------|---|
| 1 | ___ | Grafton High | Emily Ashenden, Grace Moar, Coaches: Colin Lang, Andrew Tarrant |
| 2 | ___ | North Sydney Girls 2 | Edwina Stephenson, Jessica Chuen |
| 3 | ___ | Maclean High 3 | Amie Inmon, Clarissa Cannon, Coach: Betty Bogdanek |
| 4 | ___ | Merewether High | Rani Lewis, Grace Harvey, Coach: Stephen Townsend |
| 5 | ___ | Sydney Girls 1 | Madison Moloney, Emily Principe, Coach: Zoe Mackenzie |
| 6 | ___ | Maclean High 1 | Grace Bolton, Crystal Piper, Coaches: Harold Kratz, Betty Bogdanek, |

Keryn

Saunders

Time : ____ : ____ . ____ **Margins :** _____

RACE 20 Women's Under 16 Single Scull 1000 m 11:36 AM
Heat 1 - Progress : 1,2,3->Final (Race 52); Rest->Eliminated

Lane Place Crew

| | | | |
|---|-----|-----------------------------|--|
| 1 | ___ | Sydney Girls 4 | Georgia Duggan, Coaches: Jonathan Adams, Paul Coates |
| 2 | ___ | South Grafton High | Jade Allen, Coaches: Adam Dewberry, Colin Lang |
| 3 | ___ | North Sydney Girls 3 | Amelia Langley |
| 4 | ___ | Sydney Girls 1 | Charlotte Trent, Coach: Timothy Hughes |
| 5 | ___ | North Sydney Girls 1 | Ana Ristic |
| 6 | ___ | Sydney Girls 5 | Joey Zhong, Coaches: Jonathan Adams, Paul Coates |

Time : ____ : ____ . ____ **Margins :** _____

RACE 21 Women's Under 16 Single Scull 1000 m 11:44 AM
Heat 2 - Progress : 1,2,3->Final (Race 52); Rest->Eliminated

Lane Place Crew

| | | | |
|---|-----|-----------------------------|---|
| 1 | ___ | North Sydney Girls 2 | Summer Menezes |
| 2 | ___ | Sydney Girls 6 | Cathy Ma, Coaches: Jonathan Adams, Paul Coates |
| 3 | ___ | Sydney Girls 2 | Deborah Prospero, Coach: Timothy Hughes |
| 4 | ___ | North Sydney Girls 4 | Annabel Ryan |
| 5 | ___ | Sydney Girls 3 | Kirrali Schofield, Coaches: Jonathan Adams, Paul Coates |

Time : ____ : ____ . ____ **Margins :** _____

RACE 22 Women's Under 15 Double Scull 1000 m 11:52 AM

Heat 1 - Progress : 1,2,3->Final (Race 56); Rest->Eliminated

Lane Place Crew

| | | | |
|--------------------|-----|---------------------------|--|
| 1 Gerofi | ___ | Sydney Girls 4 | Katherine Di Bana, Whitney Nguyen, Coaches: Bryony Cole, James |
| 2 | ___ | North Sydney Girls | Tamarangi Keerthipala, Ela Kos |
| 3 Gerofi | ___ | Sydney Girls 3 | Anna Liang, Lilli Hope Lewellyn, Coaches: Bryony Cole, James |
| 4 Coates | ___ | Sydney Girls 1 | Jessica Sawang, Nell McHugh, Coaches: Jonathan Adams, Paul |
| 5 Kratz | ___ | Maclean High 1 | Stephanie Hutton, Clara Samms, Coaches: Keryn Saunders, Harold |

Time : ____ : ____ . ____ **Margins :** _____

RACE 23 Women's Under 15 Double Scull 1000 m 12:00 PM

Heat 2 - Progress : 1,2,3->Final (Race 56); Rest->Eliminated

Lane Place Crew

| | | | |
|---------------------|-----|-----------------------|---|
| 2 | ___ | Sydney Girls 5 | Julia Li, Zayatta` Zungar, Coaches: Bryony Cole, James Gerofi |
| 3 Tarrant | ___ | Grafton High | Emma Waterhouse, Abbey Counsell, Coaches: Colin Lang, Andrew |
| 4 | ___ | Sydney Girls 2 | Joyce Qian, Sara McDonald, Coaches: Bryony Cole, James Gerofi |
| 5 | ___ | Maclean High 2 | Elissa Metcalfe, Kirilly Maxwell, Coach: Betty Bogdanek |

Time : ____ : ____ . ____ **Margins :** _____

RACE 24 Championship Mens Single Scull 2000 m 12:08 PM

Heat 1 - Progress : 1,2->Final (Race 58); Rest->Eliminated

Lane Place Crew

| | | | |
|----------|-----|---------------------------|--|
| 1 | ___ | Lambton High | Thomas Wilson, Coach: Stephen Townsend |
| 2 | ___ | Sydney Boys High 1 | Sam Musgrove, Coach: Beryl Crockford |
| 3 | ___ | Grafton High 1 | Adam Pryor, Coach: Colin Lang |
| 4 | ___ | Penrith High | Maxwell Duignan |
| 5 | ___ | Merewether High 1 | Arjun Lewis, Coach: Stephen Townsend |
| 6 | ___ | Taree High | Zac Calvin, Coach: John Corbett |

Time : ____ : ____ . ____ **Margins :** _____

| | | | |
|----------------|---|--------------------|--|
| RACE 25 | Championship Mens Single Scull | 2000 m | 12:16 PM |
| | Heat 2 - Progress : 1,2->Final (Race 58); Rest->Eliminated | | |
| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
| 1 | ___ | Grafton High 2 | Max Van Haren, Coaches: Colin Lang, Andrew Tarrant |
| 2 | ___ | South Grafton High | Max Rose, Coaches: Adam Dewberry, Colin Lang |
| 3 | ___ | Kelso High Campus | Aaron Simmons |
| 4 | ___ | Corowa | Bradley Pearsall |
| 5 | ___ | Sydney Boys High 2 | James Tinker, Coach: Beryl Crockford |
| 6 | ___ | Concord High | Max Brenner, Coach: Timothy Hughes |
| Time : | ___ : | ___ . ___ | Margins : _____ |

| | | | |
|----------------|---|----------------------|---|
| RACE 26 | Men's Under 15 Single Scull | 1000 m | 12:26 PM |
| | Heat 1 - Progress : 1,2->Final (Race 60); Rest->Eliminated | | |
| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
| 1 | ___ | South Grafton High 1 | Lex Bagster, Coaches: Adam Dewberry, Colin Lang |
| 2 | ___ | Maclean High 3 | Kayleb Andersen, Coach: Betty Bogdanek |
| 3 | ___ | Sydney Boys High 7 | Matthew Le, Coach: Ken Ambler |
| 4 | ___ | Sydney Boys High 4 | Oliver Gao, Coach: Ken Ambler |
| 5 | ___ | Sydney Boys High 5 | Rongxuan Chong, Coach: Ken Ambler |
| Time : | ___ : | ___ . ___ | Margins : _____ |

| | | | |
|----------------|---|----------------------|--|
| RACE 27 | Men's Under 15 Single Scull | 1000 m | 12:34 PM |
| | Heat 2 - Progress : 1,2->Final (Race 60); Rest->Eliminated | | |
| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
| 2 | ___ | Maclean High 2 | Lachlan Maxwell, Coach: Betty Bogdanek |
| 3 | ___ | Sydney Boys High 2 | Marcus Borszcz, Coach: Ken Ambler |
| 4 | ___ | Sydney Boys High 8 | Angus Ng, Coach: Ken Ambler |
| 5 | ___ | South Grafton High 2 | Scott Rose, Coaches: Adam Dewberry, Colin Lang |
| Time : | ___ : | ___ . ___ | Margins : _____ |

| | | | |
|----------------|---|--------------------|--|
| RACE 28 | Men's Under 15 Single Scull | 1000 m | 12:42 PM |
| | Heat 3 - Progress : 1,2->Final (Race 60); Rest->Eliminated | | |
| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
| 2 | ___ | Sydney Boys High 6 | Jie Zhou, Coach: Ken Ambler |
| 3 | ___ | Sydney Boys High 3 | Thomas Schanzer, Coach: Ken Ambler |
| 4 | ___ | Sydney Boys High 1 | Timothy Trent, Coach: James Barr |
| 5 | ___ | Maclean High 1 | Declan Hickey, Coaches: Harold Kratz, Betty Bogdanek, Keryn Saunders |
| Time : | ___ : | ___ . ___ | Margins : _____ |

RACE 29 Womens Under 17 Coxed Quad Scull 2000 m 12:50 PM
Heat 1 - Progress : 1,2,3->Final (Race 62); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|---|
| 2 | ___ | Maclean High 1 Amie Inmon, Eryn Hammond, Grace Bolton, Georgie Dobbin, Declan Hickey (cox), Coaches: Betty Bogdanek, Keryn Saunders |
| 3 | ___ | Sydney Girls 2 Joey Zhong, Cathy Ma, Emily Appleton, Isabel Noakes, Nahrain Oshana (cox), Coaches: Jonathan Adams, Paul Coates, Timothy Hughes |
| 4 | ___ | North Sydney Girls 1 Kristie Thai, Edwina Stephenson, Annabel Ryan, Jessica Chuen, Giselle Dreyer (cox) |
| 5 | ___ | Grafton High Grace Moar, Bianca Bertus, Emily Ashenden, Maisie Tooth, Bethany Van Haren (cox), Coaches: Colin Lang, Andrew Tarrant |

Time : ____ : ____ . ____ **Margins :** _____

RACE 30 Womens Under 17 Coxed Quad Scull 2000 m 12:58 PM
Heat 2 - Progress : 1,2->Final (Race 62); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|---|
| 2 | ___ | North Sydney Girls 2 Tamarangi Keerthipala, Ela Kos, Katrina Vergov, Anna Zhou, Sofia Mendes (cox) |
| 3 | ___ | Maclean High 2 Jesse King, Angela Loy, Stephanie Poynton, Clarissa Cannon, Elissa Metcalfe (cox), Coach: Betty Bogdanek |
| 4 | ___ | Sydney Girls 1 Madison Moloney, Emily Principe, Max McHugh, Georgia Bradley, Christina Pham (cox), Coaches: Timothy Hughes, Zoe Mackenzie |

Time : ____ : ____ . ____ **Margins :** _____

RACE 31 Men's Under 17 Single Scull 2000 m 1:06 PM
Heat 1 - Progress : 1,2->Final (Race 63); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|---|
| 1 | ___ | Maclean High Sebastien Klein, Coaches: Harold Kratz, Keryn Saunders |
| 2 | ___ | Merewether High 3 James Diemar |
| 3 | ___ | Sydney Boys High 4 Shane Wei, Coach: Hayden Schilling |
| 4 | ___ | Maitland Grossman Brendan Budworth, Coach: Peter Bond |
| 5 | ___ | Hunter Perform Arts 1 Miles Downing-Donnelly, Coach: Stephen Townsend |

Time : ____ : ____ . ____ **Margins :** _____

RACE 32 Men's Under 17 Single Scull 2000 m 1:14 PM
Heat 2 - Progress : 1,2->Final (Race 63); Rest->Eliminated

Lane Place Crew

1 ____ **Merewether High 4** Tom Gilbertson
2 ____ **Merewether High 1** Riley Fowler, Coach: Stephen Townsend
3 ____ **Sydney Boys High 2** Manning Blackall, Coach: Daniel Tam
4 ____ **Concord High** Lloyd Caetano, Coach: Timothy Hughes
5 ____ **Sydney Boys High 1** Jason Qiu, Coach: Beryl Crockford

Time : ____ : ____ . ____ **Margins :** _____

RACE 33 Men's Under 17 Single Scull 2000 m 1:22 PM
Heat 3 - Progress : 1,2->Final (Race 63); Rest->Eliminated

Lane Place Crew

2 ____ **Sydney Boys High 3** Ethan May, Coach: Hayden Schilling
3 ____ **Sydney Boys High 5** Tony Li, Coaches: Hayden Schilling, Alan Low
4 ____ **Merewether High 2** Joseph Anderson, Coach: Stephen Townsend
5 ____ **Hunter Perform Arts 2** Erik Mackintosh, Coach: Stephen Townsend

Time : ____ : ____ . ____ **Margins :** _____

RACE 34 Championship Mens Double Scull 2000 m 1:30 PM
Heat 1 - Progress : 1,2,3->Final (Race 64); Rest->Eliminated

Lane Place Crew

1 ____ **Grafton High 1** Adam Pryor, Max Van Haren, Coaches: Colin Lang, Andrew Tarrant
2 ____ **Merewether High 2** Benjamin Homer, Arjun Lewis, Coach: Stephen Townsend
3 ____ **Sydney Boys High 3** Johnson Lin, Kieran Shivakumaarun, Coaches: Hayden Schilling,
Daniel Tam
4 ____ **South Grafton High** Braden Cooper, Max Rose, Coaches: Adam Dewberry, Colin Lang
5 ____ **Lambton High 2** Harrison Bendall, Tom Wilson, Coach: Stephen Townsend

Time : ____ : ____ . ____ **Margins :** _____

RACE 35 Championship Mens Double Scull 2000 m 1:38 PM
Heat 2 - Progress : 1,2,3->Final (Race 64); Rest->Eliminated

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|---|
| 1 | ___ | Sydney Boys High 2 William Chen, Jing Li, Coaches: Beryl Crockford, Daniel Tam |
| 2 | ___ | Merewether High 1 Jonathon Clifford, Evan Gresham, Coach: Stephen Townsend |
| 3 | ___ | Sydney Boys High 1 Jiachen Lu, James Merlo, Coaches: Beryl Crockford, Daniel Tam |
| 4 | ___ | Grafton High 2 Jordan Smith, Riley Oseland, Coaches: Colin Lang, Andrew Tarrant |
| 5 | ___ | Lambton High 1 Aidan O'Donnell, Andrew Gay, Coach: Stephen Townsend |

Time : ____ : ____ . ____ **Margins :** _____

RACE 36 Womens Inter-Regional Eight 2000 m 2:08 PM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 37 Mens Inter-Regional Eight 2000 m 2:18 PM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 38 Women's Under 16 Double Scull 1000 m 8:00 AM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|-----------------------------|---|
| 1 | ___ | Sydney Girls 3 | Joey Zhong, Cathy Ma, Coaches: Jonathan Adams, Paul Coates |
| 2 | ___ | North Sydney Girls 2 | Summer Menezes, Amelia Langley |
| 3 | ___ | Sydney Girls 2 | Georgia Duggan, Kirrali Schofield, Coaches: Jonathan Adams, Paul Coates |
| 4 | ___ | North Sydney Girls 1 | Shivaneer Gopal, Ana Ristic |
| 5 | ___ | Sydney Girls 1 | Deborah Prospero, Charlotte Trent, Coach: Timothy Hughes |

Time : ____ : ____ . ____ **Margins :** _____

RACE 39 Men's Under 16 Single Scull Final 1000 m 8:10 AM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 40 Women's Under 15 Coxed Quad Scull 1000 m 8:20 AM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|-----------------------|--|
| 1 | ___ | Maclean High | Elissa Metcalfe, Clara Samms, Kirilly Maxwell, Stephanie Hutton, Declan Kratz |
| 2 | ___ | Sydney Girls 1 | Hickey (cox), Coaches: Keryn Saunders, Betty Bogdanek, Harold Mansha Jiwane, Jianne Parisi, Jessica Sawang, Nell McHugh, Melissa Chung (cox), Coaches: Jonathan Adams, Paul Coates |
| 3 | ___ | Sydney Girls 2 | Joyce Qian, Lilli Hope Lewellyn, Sara McDonald, Anna Liang, Cindy Chung (cox), Coaches: Bryony Cole, James Gerofi |
| 4 | ___ | Sydney Girls 3 | Katherine Di Bana, Whitney Nguyen, Zayatta` Zungar, Jade Charlton, Jennifer |
| 5 | ___ | Sydney Girls 4 | Nguyen (cox), Coaches: Bryony Cole, James Gerofi Julia Li, Maria Zhang, Emily Luo, Qiyu Huang, Farrah Li (cox), Coaches: Bryony Cole, James Gerofi |

Time : ____ : ____ . ____ **Margins :** _____

RACE 41 Men's Under 15 Double Scull 1000 m 8:30 AM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 42 Women's Under 17 Single Scull 2000 m 8:40 AM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 43 Championship Mens Coxed Quad Scull 2000 m 8:50 AM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|---|
| 1 | ___ | Sydney Boys High 3 Tom McGrath, Kaiwen Zhu, Leo Li, Kieran Shivakumaarun, Jason Feng (cox), Coaches: Hayden Schilling, Alan Low |
| 2 | ___ | Sydney Boys High 2 (cox), Jiachen Lu, Edward Belokopytov, Jing Li, William Chen, John Chen Coaches: Beryl Crockford, Daniel Tam |
| 3 | ___ | Lambton High Harrison Bendall, Tom Wilson, Aidan O'Donnell, Andrew Gay, Memphis Bourne Blue (cox) |
| 4 | ___ | Sydney Boys High 1 Tim Luo, Johnson Lin, Ricky Pachon, Kevin Fan, Alvis Leung (cox), Coaches: Beryl Crockford, Daniel Tam |
| 5 | ___ | Merewether High Benjamin Homer, Arjun Lewis, Lachlan Patey, Joseph Anderson, Michael Orjekh (cox) |
| 6 | ___ | Grafton High Adam Pryor, Max Van Haren, Riley Oseland, Jordan Smith, Bethany Van Haren (cox), Coaches: Colin Lang, Andrew Tarrant |

Time : ____ : ____ . ____ **Margins :** _____

RACE 44 Championship Womens Eight 2000 m 9:00 AM

Lane Place Crew

3 _____ **North Sydney Girls** Annabel Ryan, Katrina Vergov, Anna Zhou, Kristie Thai, Ella Hoey,
Edwina
4 _____ **Sydney Girls 1** Stephenson, Yasmine Salionas, Pele Hala, Simone Tai (cox)
Grace Miranda Yuan, Madison Moloney, Max McHugh, Julia Manchester,
Sanders, Isabel Noakes, Emily Appleton, Romola Davenport, Claire
Phan (cox), Coaches: Zoe Mackenzie, Timothy Hughes

Time : _____ : _____ . _____ **Margins :** _____

RACE 45 Men's Under 17 Double Scull 2000 m 9:10 AM
Final

Lane Place Crew

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

Time : _____ : _____ . _____ **Margins :** _____

RACE 46 Women's Under 15 Single Scull 1000 m 9:20 AM
Final

Lane Place Crew

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

Time : _____ : _____ . _____ **Margins :** _____

RACE 47 Womens Under 16 Coxed Quad Scull 1000 m 9:30 AM

Lane Place Crew

3 _____ **Sydney Girls 1** Georgia Duggan, Kirrali Schofield, Deborah Prospero, Charlotte
Trent, Melissa
Hughes
4 _____ **North Sydney Girls** Shivaneer Gopal, Ana Ristic, Summer Menezes, Amelia Langley,
Sofia Mendes (cox)

Time : _____ : _____ . _____ **Margins :** _____

RACE 48 Championship Mens Pair 2000 m 9:40 AM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 49 Championship Womens Single Scull 2000 m 9:50 AM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 50 Women's Under 17 Double Scull 2000 m 10:00 AM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 51 Men's Under 15 Coxed Quad Scull 1000 m 10:10 AM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|--------------------|--------------|---------------------------|--|
| 2 (cox), | _____ | South Grafton High | Lex Bagster, Scott Rose, Caleb Barker, Lachlan Rudder, Max Rose |
| 3 (cox), | _____ | Sydney Boys High 2 | Coaches: Adam Dewberry, Colin Lang Angus Ng, Rongxuan Chong, Matthew Le, Jie Zhou, Dennis Cho |
| 4 Raghav | _____ | Sydney Boys High 1 | Coach: Ken Ambler Thomas Schanzer, Timothy Trent, Oliver Gao, Marcus Borscz, Ramanathan (cox), Coach: Ken Ambler |

Time : _____ : _____ . _____ **Margins :** _____

RACE 52 Women's Under 16 Single Scull 1000 m 10:20 AM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | _____ | |
| 2 | _____ | |
| 3 | _____ | |
| 4 | _____ | |
| 5 | _____ | |
| 6 | _____ | |

Time : _____ : _____ . _____ **Margins :** _____

RACE 53 Championship Mens Coxed Four 2000 m 10:40 AM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|----------------------------|--------------|---------------------------|---|
| 2 (cox), | _____ | Sydney Boys High 1 | Edward Belokopytov, James Merlo, Tim Luo, Kevin Fan, John Chen |
| 3 | _____ | Sydney Boys High 2 | Coaches: Beryl Crockford, Daniel Tam Johnson Lin, Ricky Pachon, Jacob Katafono, Wesley Zhang, Alvis Leung (cox), Coaches: Beryl Crockford, Daniel Tam |
| 4 McGrath (cox), | _____ | Sydney Boys High 3 | Nigel Sun, Samuel Zheng, Jonathan Gao, Flidon Wang, Tom |
| 5 Arjun | _____ | Merewether High | Coaches: Hayden Schilling, Alan Low Evan Gresham, Lachlan Patey, Jonathon Clifford, Benjamin Homer, Lewis (cox), Coach: Stephen Townsend |

Time : _____ : _____ . _____ **Margins :** _____

RACE 54 Men's Under 17 Coxed Quad Scull 2000 m 10:50 AM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|---------------------------|---|
| 1 | _____ | Sydney Boys High 2 | Tony Li, Ethan May, Tushaya Mehndiratta, Shane Wei, Daniel Xu (cox), Coaches: Hayden Schilling, Alan Low |
| 2 | _____ | Sydney Boys High 3 | Jonathan Gao, Samuel Zheng, Matthew Whittaker, Nigel Sun, Jason Feng (cox), Coaches: Hayden Schilling, Alan Low |
| 3 | _____ | Merewether High | Joseph Anderson, James Purkiss, James Diemar, Tom Gilbertson, Michael |
| 4 | _____ | Maclean High | Orjekh (cox) Jesse Corbett, Mitchell Johns, Logan Bolton, Sebastien Klein, Declan Hickey (cox), Coaches: Betty Bogdanek, Harold Kratz, Keryn |
| 5 | _____ | Sydney Boys High 1 | Dennis Huynh, Robert Yuan, Manning Blackall, Jason Qiu, Alvis Leung (cox), Coaches: Beryl Crockford, Daniel Tam |

Time : _____ : _____ . _____ **Margins :** _____

RACE 55 Championship Womens Double Scull 2000 m 11:00 AM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> | |
|-------------|--------------|-----------------------------|---|
| 1 | _____ | Maclean High | Chianna Dane, Teagan McFarlane, Coaches: Betty Bogdanek, Keryn Saunders |
| 2 | _____ | North Sydney Girls 1 | Yasmine Salionas, Pele Hala |
| 3 | _____ | North Sydney Girls 2 | Ella Hoey, Jessica Yang |
| 4 | _____ | Sydney Girls 1 | Julia Manchester, Grace Sanders, Coach: Zoe Mackenzie |
| 5 | _____ | Sydney Girls 2 | Daphne Zhang, Miranda Yuan, Coach: Zoe Mackenzie |
| 6 | _____ | South Grafton High | Jade Allen, Kiara Hankinson, Coaches: Colin Lang, Adam Dewberry |

Time : _____ : _____ . _____ **Margins :** _____

RACE 56 Women's Under 15 Double Scull 1000 m 11:10 AM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | _____ | |
| 2 | _____ | |
| 3 | _____ | |
| 4 | _____ | |
| 5 | _____ | |
| 6 | _____ | |

Time : _____ : _____ . _____ **Margins :** _____

RACE 57 Men's Under 16 Coxed Quad Scull 1000 m 11:20 AM

Lane Place Crew

2 _____ **Sydney Boys High 2** Clinton So, Jack Ralph, Jason Zhang, Ryan Zheng, Dimas Sanjoyo
(cox),

Coach: James Barr

3 _____ **Sydney Boys High 3** Eric Holmstrom, Kaiwen Zhu, Leo Li, Tama Widyatamaka, Jiaming
Sun (cox),

Coach: James Barr

4 _____ **Sydney Boys High 1** Flidon Wang, Connor Fisher, Roy Yi, Tommy Weng, Alvis Leung
(cox),

Coaches: Hayden Schilling, Alan Low

Time : _____ : _____ . _____ **Margins :** _____

RACE 58 Championship Mens Single Scull 2000 m 11:30 AM
Final

Lane Place Crew

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

Time : _____ : _____ . _____ **Margins :** _____

RACE 59 Championship Mens Eight 2000 m 12:20 PM

Lane Place Crew

2 _____ **Sydney Boys High 3** Tony Li, Shane Wei, Connor Fisher, Tushaya Mehndiratta, Ethan
May,

Matthew Whittaker, Roy Yi, Tommy Weng, Jason Feng (cox),
Coaches: Hayden Schilling, Alan Low

3 _____ **Sydney Boys High 1** Kevin Fan, Tim Luo, Wesley Zhang, Jing Li, Jason Qiu, Jacob
Katafono, Sam

Musgrove, James Tinker, Daniel Xu (cox), Coach: Beryl Crockford
James Merlo, Dennis Huynh, Robert Yuan, Ricky Pachon, Edward
Belokopytov, Jiachen Lu, Manning Blackall, William Chen, Alvis
Leung (cox), Coach: Daniel Tam

Time : _____ : _____ . _____ **Margins :** _____

RACE 60 Men's Under 15 Single Scull 1000 m 12:40 PM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 61 Men's Under 16 Double Scull 1000 m 12:50 PM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|--|
| 1 | ___ | Sydney Boys High 2 Jason Zhang, Ryan Zheng, Coach: James Barr |
| 2 | ___ | Sydney Boys High 5 Eric Holmstrom, Kaiwen Zhu, Coach: James Barr |
| 3 | ___ | Sydney Boys High 1 Tommy Weng, Connor Fisher, Coaches: Hayden Schilling, Alan Low |
| 4 | ___ | Sydney Boys High 3 Jack Ralph, Clinton So, Coach: James Barr |
| 5 | ___ | Sydney Boys High 4 Leo Li, Tama Widyatamaka, Coach: James Barr |
| 6 | ___ | Maitland Grossman Robert Weatherall, Jack Davey, Coach: Peter Bond |

Time : ____ : ____ . ____ **Margins :** _____

RACE 62 Womens Under 17 Coxed Quad Scull 2000 m 1:00 PM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | ___ | |
| 2 | ___ | |
| 3 | ___ | |
| 4 | ___ | |
| 5 | ___ | |
| 6 | ___ | |

Time : ____ : ____ . ____ **Margins :** _____

RACE 63 Men's Under 17 Single Scull 2000 m 1:10 PM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | _____ | |
| 2 | _____ | |
| 3 | _____ | |
| 4 | _____ | |
| 5 | _____ | |
| 6 | _____ | |

Time : _____ : _____ . _____ **Margins :** _____

RACE 64 Championship Mens Double Scull 2000 m 1:20 PM
Final

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|-------------|
| 1 | _____ | |
| 2 | _____ | |
| 3 | _____ | |
| 4 | _____ | |
| 5 | _____ | |
| 6 | _____ | |

Time : _____ : _____ . _____ **Margins :** _____

RACE 65 Championship Womens Coxed Quad Scull 2000 m 1:30 PM

| <u>Lane</u> | <u>Place</u> | <u>Crew</u> |
|-------------|--------------|--|
| 2 | _____ | Sydney Girls Daphne Zhang, Miranda Yuan, Julia Manchester, Grace Sanders, Claire Phan (cox), Coach: Zoe Mackenzie |
| 3 | _____ | South Grafton High Laura McCann, Natasha Rudder, Jade Allen, Kiara Hankinson, Lex Bagster (cox), Coaches: Adam Dewberry, Colin Lang |
| 4 | _____ | North Sydney Girls Ella Hoey, Yasmine Salionas, Jessica Yang, Pele Hala, Simone Tai (cox) |
| 5 | _____ | Maclean High Crystal Piper, Chianna Dane, Marnie Evans, Teagan McFarlane, Declan Hickey (cox), Coaches: Keryn Saunders, Betty Bogdanek, Harold Kratz |

Time : _____ : _____ . _____ **Margins :** _____

NSWCCHSSA ROWING RECORDS

Adaptive Scull

| | |
|-------|------------------|
| 2000. | |
| 2001 | Maclean HS |
| 2002 | South Grafton HS |
| 2003 | |

Championship Mens Eight

Haberfield Rowing Club Shield

| | |
|------|---------------------|
| 1968 | Telopea Park HS ACT |
| 1969 | Sydney Boys HS |
| 1970 | Sydney Boys HS |
| 1971 | Sydney Boys HS |
| 1972 | Sydney Boys HS |
| 1973 | Sydney Boys HS |
| 1974 | Sydney Boys HS |
| 1975 | Telopea Park HS ACT |
| 1976 | Sydney Boys HS |
| 1977 | Sydney Boys HS |
| 1978 | Sydney Boys HS |
| 1979 | Sydney Boys HS |
| 1980 | Sydney Boys HS |
| 1981 | Sydney Boys HS |
| 1982 | Sydney Boys HS |
| 1983 | Sydney Boys HS |
| 1984 | Sydney Boys HS |
| 1985 | Sydney Boys HS |
| 1986 | Murwillumbah HS |
| 1987 | Sydney Boys HS |
| 1988 | Sydney Boys HS |
| 1989 | Sydney Boys HS |
| 1990 | Sydney Boys HS |
| 1991 | Sydney Boys HS |
| 1992 | Sydney Boys HS |
| 1993 | Sydney Boys HS |
| 1994 | Sydney Boys HS |
| 1995 | Sydney Boys HS |
| 1996 | |
| 1997 | |
| 1998 | |
| 1999 | South Grafton HS |
| 2000 | South Grafton HS |
| 2001 | Grafton HS |
| 2002 | South Grafton HS |
| 2003 | Sydney Boys High |
| 2004 | Sydney Boys High |
| 2005 | Sydney Boys HS |
| 2006 | Sydney Boys HS |
| 2007 | Sydney Boys HS |
| 2008 | Sydney Boys HS |
| 2010 | Sydney Boys HS |
| 2011 | Sydney Boys HS |
| 2013 | Sydney Boys HS |

Mens U15 Quad Scull

| | |
|------|------------------|
| 2000 | |
| 2001 | South Grafton HS |
| 2002 | South Grafton HS |

Reclassified Mens U16 Quad Scull

| | |
|------|------------------|
| 2003 | South Grafton HS |
| 2004 | Sydney Boys High |
| 2005 | Grafton HS |
| 2006 | Sydney Boys HS |
| 2007 | Grafton HS |
| 2008 | Sydney Boys HS |
| 2010 | Sydney Boys HS |
| 2011 | Sydney Boys HS |
| 2013 | Sydney Boys HS |

Womens U15 Single Scull

| | |
|------|------------|
| 2000 | |
| 2001 | Maclean HS |
| 2002 | Taree HS |

Reclassified Womens U16 Single Scull

| | |
|------|--------------------|
| 2003 | South Grafton HS |
| 2004 | South Grafton HS |
| 2005 | Maclean HS |
| 2006 | Grafton HS |
| 2007 | Grafton HS |
| 2008 | Mackellar Girls HS |
| 2010 | Mackellar Girls HS |
| 2011 | Grafton HS |
| 2103 | Sydney Girls HS |

Championship Womens Double Scull

Plumbing NSW Trophy

| | |
|------|---------------|
| 2000 | Kirrawee HS |
| 2001 | Taree HS |
| 2002 | Caringbah HS |
| 2003 | Maclean HS |
| 2004 | Maclean HS |
| 2005 | Maclean HS |
| 2006 | Maclean HS |
| 2007 | Maclean HS |
| 2008 | Grafton HS |
| 2010 | Grafton HS |
| 2011 | Merewether HS |
| 2013 | Maclean HS |

Mens U14 Single Sculls

NSW Union of Old Oarsmen

| | |
|-------|------------------|
| 2000 | Maclean HS |
| 2001. | South Grafton HS |
| 2002. | Sydney Boys HS |

Reclassified Mens U15 Single Scull

| | |
|------|---------------|
| 2003 | Maclean HS |
| 2004 | Grafton HS |
| 2005 | Maclean HS |
| 2006 | Maclean HS |
| 2007 | Maclean HS |
| 2008 | Merewether HS |
| 2010 | Maclean HS |
| 2011 | Maclean HS |
| 2013 | Endeavour HS |

Championship Mens Pair

| | |
|------|------------------|
| 2000 | South Grafton HS |
| 2001 | South Grafton HS |
| 2002 | South Grafton HS |
| 2003 | Taree HS |
| 2004 | Taree HS |
| 2005 | Sydney Boys |
| 2006 | Grafton HS |
| 2007 | Nowra HS |
| 2008 | Sydney Boys HS |
| 2010 | Grafton HS |
| 2011 | Merewether HS |
| 2013 | South Grafton HS |

Womens U16 Quad Scull**Nepean District Schools Rowing Association**

| | |
|-------|-----------------------|
| 1984 | Nepean HS |
| 1985 | Cambridge Park HS |
| 1986 | Mt Druitt HS |
| 1987 | Sydney Girls HS |
| 1988 | Sydney Girls HS |
| 1989 | North Sydney Girls HS |
| 1990 | North Sydney Girls HS |
| 1991 | Maclean HS |
| 1992 | Maclean HS |
| 1993 | Maclean HS |
| 1994 | Maclean HS |
| 1995 | Jamison HS |
| 1996 | Taree HS |
| 1997 | Taree HS |
| 1998 | South Grafton HS |
| 1999 | Taree HS |
| 2000 | South Grafton HS |
| 2001 | Maclean HS |
| 2002. | South Grafton |

Reclassified Womens U17 Quad Scull

| | |
|------|-----------------------|
| 2003 | South Grafton |
| 2004 | South Grafton HS |
| 2005 | Maclean HS |
| 2006 | Nowra HS |
| 2007 | Grafton HS |
| 2008 | Mackellar Girls HS |
| 2010 | Maclean HS |
| 2011 | North Sydney Girls HS |
| 2013 | not contested- |

Womens U14 Double Scull**Westfields Sports High School**

| | |
|------|----------------------|
| 1994 | Taree HS |
| 1995 | Maclean HS |
| 1996 | Grafton HS |
| 1997 | Westfields Sports HS |
| 1998 | Fort Street HS |
| 1999 | Maclean HS |
| 2000 | Grafton HS |
| 2001 | Taree HS |
| 2002 | South Grafton HS |

Reclassified Womens U15 Double Scull

| | |
|------|--------------------|
| 2003 | Maclean |
| 2004 | Maclean HS |
| 2005 | Maclean HS |
| 2006 | Maclean |
| 2007 | Mackellar Girls HS |
| 2008 | Maclean HS |
| 2010 | Maclean HS |
| 2011 | Maclean HS |
| 2013 | Sydney Girls HS |

Championship Mens Single Scull

| | |
|------|---------------------|
| 1997 | Barrenjoey HS |
| 1998 | South Grafton HS |
| 1999 | South Grafton HS |
| 2000 | Grafton HS |
| 2001 | Grafton HS |
| 2002 | Blaxland HS |
| 2003 | Newcastle High |
| 2004 | Elderslie HS |
| | Graeme Essex Trophy |
| 2005 | South Grafton HS |
| 2006 | Manly HS |
| 2007 | Grafton HS |
| 2008 | Maclean HS |
| 2010 | Maclean HS |
| 2011 | Grafton HS |
| 2013 | Merewether HS |

Mens U15 Double Scull

| | |
|------|------------------|
| 2000 | |
| 2001 | South Grafton HS |
| 2002 | South Grafton HS |

Reclassified Mens U16 Double Scull

| | |
|------|------------------|
| 2003 | Sydney Boys |
| 2004 | Taree HS |
| 2005 | Grafton HS |
| 2006 | Sydney Boys HS |
| 2007 | South Grafton HS |
| 2008 | Sydney Boys HS |
| 2010 | Sydney Boys HS |
| 2011 | Merewether HS |
| 2013 | Sydney Boys HS |

Championship Womens Four**North Sydney Girls High School Cup**

| | |
|------|--------------------|
| 1997 | Grafton HS |
| 1998 | Sydney Girls HS |
| 1999 | Sydney Girls HS |
| 2000 | Taree HS |
| 2001 | Taree HS |
| 2002 | Newcastle HS |
| 2003 | Sydney Girls HS |
| 2004 | Taree HS |
| 2005 | Sydney Girls HS |
| 2006 | Sydney Girls HS |
| 2007 | Riverside Girls HS |
| 2008 | Sydney Girls HS |
| 2010 | Sydney Girls HS |
| 2011 | Sydney Girls HS |
| 2013 | Sydney Girls HS |
| 2014 | South Grafton HS |

Mens U14 Quad Scull

| | |
|------|------------------|
| 1997 | South Grafton HS |
| 1998 | Taree HS |
| 1999 | Maclean HS |
| 2000 | Sydney Boys HS |
| 2001 | South Grafton HS |

Reclassified Mens U15 Quad Scull

| | |
|------|------------------|
| 2002 | South Grafton HS |
| 2003 | Maclean HS |
| 2004 | Grafton HS |
| 2005 | Sydney Boys HS |
| 2006 | Taree HS |
| 2007 | Sydney Boys HS |
| 2008 | Sydney Boys HS |
| 2010 | Sydney Boys HS |
| 2011 | Sydney Boys HS |
| 2013 | Sydney Boys HS |
| 2014 | Sydney Boys HS |

Mens U16 Double Scull**Grafton City Council Trophy**

| | |
|------|------------------|
| 1988 | Maclean HS |
| 1989 | Nepean HS |
| 1990 | Grafton HS |
| 1991 | Murwillumbah HS |
| 1992 | Murwillumbah HS |
| 1993 | Sydney Boys HS |
| 1994 | Concord HS |
| 1995 | . |
| 1996 | . |
| 1997 | Maclean |
| 1998 | South Grafton HS |
| 1999 | Taree HS |
| 2000 | Maclean HS |
| 2001 | Maclean HS |
| 2002 | Taree HS |

Reclassified Mens U17 Double Scull

| | |
|------|------------------|
| 2003 | South Grafton |
| 2004 | South Grafton HS |
| 2005 | Sydney Boys HS |
| 2006 | Sydney Boys HS |
| 2007 | Maclean HS |
| 2008 | Maclean HS |
| 2010 | Maclean HS |
| 2011 | Maclean HS |
| 2013 | Grafton HS |
| 2014 | Concord HS |

Womens U16 Single Scull**Marilyn Kidd Trophy**

| | |
|------|-----------------------|
| 1984 | Nepean HS |
| 1985 | Beacon Hill HS |
| 1986 | Tweed HS |
| 1987 | Gymea HS |
| 1988 | Murwillumbah HS |
| 1989 | Murwillumbah HS |
| 1990 | Concord HS |
| 1991 | Murwillumbah HS |
| 1992 | North Sydney Girls HS |
| 1993 | Grafton HS |
| 1994 | Maclean HS |
| 1995 | Taree HS |
| 1996 | |
| 1997 | Fort Street HS |
| 1998 | Crestwood HS |
| 1999 | Blaxland HS |
| 2000 | Maclean HS |
| 2001 | Taree HS |
| 2002 | Maclean HS |

Reclassified Womens U17 Single Scull

| | |
|------|--------------------|
| 2003 | Taree HS |
| 2004 | Cambridge Park HS |
| 2005 | Maclean HS |
| 2006 | South Grafton HS |
| 2007 | Grafton HS |
| 2008 | Crestwood HS |
| 2010 | St Marys HS |
| 2011 | Maclean HS |
| 2013 | Maclean HS |
| 2014 | Mackellar Girls HS |

Championship Mens Quad Scull**Combined High Schools Sports Association**

| | |
|------|------------------|
| 1997 | Grafton HS |
| 1998 | Irrawang HS |
| 1999 | Grafton |
| 2000 | South Grafton HS |
| 2001 | Maclean HS |
| 2002 | Maclean HS. |
| 2003 | Maclean HS. |
| 2004 | Sydney Boys HS |
| 2005 | South Grafton HS |
| 2006 | Sydney Boys HS |
| 2007 | Sydney Boys HS |
| 2008 | Sydney Boys HS |
| 2010 | Grafton HS |
| 2011 | Sydney Boys HS |
| 2013 | Sydney Boys HS |
| 2014 | Sydney Boys HS |

Womens U15 Double Scull

| | |
|------|------------------|
| 2000 | |
| 2001 | South Grafton HS |
| 2002 | Taree HS |

Reclassified Womens U16 Double Scull

| | |
|------|------------------|
| 2003 | South Grafton HS |
| 2004 | South Grafton HS |
| 2005 | South Grafton HS |
| 2006 | Grafton HS |
| 2007 | Grafton HS |
| 2008 | Maclean HS |
| 2010 | Maclean HS |
| 2011 | Grafton HS |
| 2013 | Sydney Girls HS |
| 2014 | Sydney Girls HS |

Championship Womens Eight**The Molly Callander Trophy - NSWRA**

| | |
|------|-----------------------|
| 1988 | Grafton HS |
| 1989 | North Sydney Girls HS |
| 1990 | North Sydney Girls HS |
| 1991 | Macleans HS |
| 1992 | North Sydney Girls HS |
| 1993 | North Sydney Girls HS |
| 1994 | Sydney Girls HS |
| 1995 | Sydney Girls HS |
| 1996 | Sydney Girls HS |
| 1997 | |
| 1998 | |
| 1999 | Sydney Girls HS |
| 2000 | Sydney Girls HS |
| 2001 | South Grafton HS |
| 2002 | Grafton HS |
| 2003 | Sydney Girls HS |
| 2004 | Sydney Girls HS |
| 2005 | Sydney Girls HS |
| 2006 | Sydney Girls HS |
| 2007 | Sydney Girls HS |
| 2008 | North Sydney Girls HS |
| 2010 | Sydney Girls HS |
| 2011 | Sydney Girls HS |
| 2013 | Sydney Girls HS |
| 2014 | Sydney Girls HS |

Womens U14 Single Scull**NSW Union of Old Oarsmen**

| | |
|------|------------------|
| 1997 | Fort Street HS |
| 1998 | Taree HS |
| 1999 | South Grafton HS |
| 2000 | Macleans HS |
| 2001 | South Grafton HS |
| 2002 | Taree HS |

Reclassified Womens U15 Single Scull

| | |
|------|------------------|
| 2003 | South Grafton HS |
| 2004 | South Grafton HS |
| 2005 | Macleans HS |
| 2006 | Macleans HS |
| 2007 | Macleans HS |
| 2008 | Macleans HS |
| 2010 | Winmallee HS |
| 2011 | Macleans HS |
| 2013 | Sydney Girls HS |
| 2014 | Sydney Girls HS |

Mens U16 Quad Scull**Doc Rylance Trophy**

| | |
|------|------------------|
| 1984 | Nepean HS |
| 1985 | Macleans HS |
| 1986 | Grafton HS |
| 1987 | Grafton HS |
| 1988 | Taree HS |
| 1989 | Sydney Boys HS |
| 1990 | Nepean HS |
| 1991 | Sydney Boys HS |
| 1992 | Taree HS |
| 1993 | Sydney Boys HS |
| 1994 | . |
| 1995 | . |
| 1996 | . |
| 1997 | South Grafton HS |
| 1998 | South Grafton HS |
| 1999 | Macleans HS |
| 2000 | Macleans HS |
| 2001 | Macleans HS |
| 2002 | Taree HS |

Reclassified Mens U17 Quad Scull

| | |
|------|------------------|
| 2003 | Sydney Boys HS |
| 2004 | South Grafton HS |
| 2005 | Macleans HS |
| 2006 | Sydney Boys HS |
| 2007 | Sydney Boys HS |
| 2008 | Sydney Boys HS |
| 2010 | Sydney Boys HS |
| 2011 | Macleans HS |
| 2013 | Grafton HS |
| 2014 | Sydney Boys HS |

Championship Mens Double Scull**Plumbing NSW Trophy**

| | |
|------|------------------|
| 2000 | Sydney Boys HS |
| 2001 | Macleans HS |
| 2002 | Macleans HS |
| 2003 | Macleans HS |
| 2004 | Sydney Boys HS |
| 2005 | Sydney Boys |
| 2006 | Grafton HS |
| 2007 | Grafton HS |
| 2008 | Macleans HS |
| 2010 | Macleans HS |
| 2011 | Menai HS |
| 2013 | South Grafton HS |
| 2014 | Merewether HS |

Championship Womens Single Scull**Merv Perry Trophy NSW Union of Oarswomen**

| | |
|------|-------------------|
| 2003 | Macleans HS |
| 2004 | Macleans HS |
| 2005 | Cambridge Park HS |
| 2006 | Cambridge Park HS |
| 2007 | South Grafton HS |
| 2008 | Kingswood HS |
| 2010 | Grafton HS |
| 2011 | Jamison HS |
| 2013 | Macleans HS |
| 2014 | Sydney Girls HS |

Mens U14 Double Scull**Westfields Sports High School Trophy**

1994 Maclean HS
 1995 Maclean HS
 1996 Balgowlah Boys HS
 1997 Murwillumbah HS
 1998 South Grafton HS
 1999 Maclean HS

2000 Sydney Boys HS
 2001 South Grafton HS

2002 South Grafton HS

Reclassified Mens U15 Double Scull

2003 South Grafton HS

2004 Grafton HS

2005 Sydney Boys HS

2006 South Grafton HS

2007 Maclean HS

2008 Sydney Boys HS

2010 Sydney Boys HS

2011 Sydney Boys HS

2013 Sydney Boys HS

2014 Sydney Boys HS

Womens Junior Quad Sculls**Gwyn Addicott Trophy**

1984 Nepean HS
 1985 Grafton HS
 1986 Grafton HS
 1987 Grafton HS
 1988 Murwillumbah HS
 1989 Maclean HS
 1990 Maclean HS

1991 .

1992 Grafton HS

1993 Murwillumbah HS

1994 Maclean HS

1995 Murwillumbah HS

1996 Westfields Sports HS

1997 Taree HS

1998 South Grafton HS

1999 South Grafton HS

2000 South Grafton HS

2001 Maclean HS

2002 Taree HS

Reclassified Womens U16 Quad Scull

2003 South Grafton HS

2004 South Grafton HS

2005 Taree HS

2006 Grafton HS

2007 Maclean HS

2008 Grafton HS

2010 Maclean HS

2011 Maclean HS

2013 Maclean HS

2014 Sydney Girls HS

Mens Junior Single Scull**Croker Oars Trophy**

1983 Taree HS

1984 Nepean HS

1985 Nepean HS

1986 Maclean HS

1987 Nepean

1988 Maclean HS

1989 Taree

1990 Sydney Boys HS

1991 Hunters Hill HS

1992 Hunters Hill HS

1993 Nepean HS

1994 Maclean HS

1995 Maclean HS

1996 Grafton

1997 Grafton HS

1998 South Grafton HS

1999 South Grafton HS

2000 Maclean HS

2001 Maclean HS

2002 Taree HS

Reclassified Mens U17 Single Scull

2003 South Grafton HS

2004 Sydney Boys HS

2005 Maclean HS

2006 Grafton HS

2007 Maclean HS

2008 Maclean HS

2010 Taree HS

2011 Nowra HS

2013 Penrith HS

2014 Concord HS

Championship Womens Pair**The City of Greater Taree Cup**

| | |
|------|-----------------------|
| 1982 | Taree HS |
| 1983 | Taree HS |
| 1984 | Nepean HS |
| 1985 | Nepean H |
| 1986 | Nepean HS |
| 1987 | Grafton HS |
| 1988 | Grafton HS |
| 1989 | Sydney Girls HS |
| 1990 | North Sydney Girls HS |
| 1991 | |
| 1992 | North Sydney Girls HS |
| 1993 | North Sydney Girls HS |
| 1994 | Grafton HS |
| 1995 | |
| 1996 | Mackellar Girls HS |
| 1997 | Irrawang HS |

Sydney University Womens Sports Assn Trophy

| | |
|------|------------------|
| 1998 | Taree HS |
| 2001 | Taree HS |
| 2002 | South Grafton HS |
| 2003 | Taree HS |
| 2004 | Sydney Girls HS |
| 2005 | South Grafton HS |
| 2006 | Sydney Girls HS |
| 2007 | South Grafton HS |
| 2008 | Grafton HS |
| 2010 | Grafton HS |
| 2011 | Sydney Girls HS |
| 2013 | Grafton HS |
| 2014 | Not contested |

Womens U14 Quad Scull

| | |
|------|------------------|
| 1997 | Taree HS |
| 1998 | South Grafton HS |
| 1999 | South Grafton HS |
| 2000 | Grafton HS |
| 2001 | South Grafton HS |
| 2002 | South Grafton HS |

Reclassified Womens U15 Quad Scull

| | |
|------|--------------------|
| 2003 | Maclean HS |
| 2004 | Taree HS |
| 2005 | Maclean HS |
| 2006 | Mackellar Girls HS |
| 2007 | Mackellar Girls HS |
| 2008 | Maclean HS |
| 2010 | Maclean HS |
| 2011 | Sydney Girls HS |
| 2013 | Sydney Girls HS |
| 2014 | Sydney Girls HS |

Womens U16 Double Scull**Grafton City Council**

| | |
|------|----------------------|
| 1988 | Maclean |
| 1989 | Maclean |
| 1990 | Sydney Girls HS |
| 1991 | Maclean HS |
| 1992 | Maclean HS |
| 1993 | Maclean HS |
| 1994 | Riverside Girls HS |
| 1995 | . |
| 1996 | Taree |
| 1997 | Westfields Sports HS |
| 1998 | Fort Street HS |
| 1999 | Taree HS |
| 2000 | South Grafton HS |
| 2001 | Chatham HS |
| 2002 | Maclean HS |
| 2003 | |

Reclassified Womens U17 Double Scull

| | |
|------|-----------------------|
| 2003 | Taree HS |
| 2004 | South Grafton HS |
| 2005 | Maclean HS |
| 2006 | South Grafton HS |
| 2007 | Grafton HS |
| 2008 | Mackellar Girls HS |
| 2010 | Maclean HS |
| 2011 | Maclean HS |
| 2013 | Maclean HS |
| 2014 | North Sydney Girls HS |

Championship Mens Four

| | |
|------|------------------|
| 1998 | South Grafton HS |
| 1999 | South Grafton HS |
| 2000 | Sydney Boys HS |
| 2001 | South Grafton HS |
| 2002 | Merewether HS |
| 2003 | Sydney Boys HS |
| 2004 | Sydney Boys HS |
| 2005 | Sydney Boys HS |
| 2006 | Sydney Boys HS |
| 2007 | Sydney Boys HS |
| 2008 | Sydney Boys HS |
| 2010 | Sydney Boys HS |
| 2011 | Merewether HS |
| 2013 | Sydney Boys HS |
| 2014 | Sydney Boys HS |

Championship Womens Quad Scull

Nepean District Schools Rowing Association

| | |
|------|-----------------------|
| 1978 | Nepean HS |
| 1979 | Penrith HS |
| 1980 | Kingswood HS |
| 1981 | Nepean HS |
| 1982 | Nepean HS |
| 1983 | Taree HS |
| 1984 | Murwillumbah HS |
| 1985 | Maclean HS |
| 1986 | Murwillumbah HS |
| 1987 | Grafton HS |
| 1988 | Maclean HS |
| 1989 | Sydney Girls HS |
| 1990 | Maclean HS |
| 1991 | Maclean HS |
| 1992 | Sydney Girls HS |
| 1993 | Maclean HS |
| 1994 | Taree HS |
| 1995 | Jamison HS |
| 1996 | Taree HS |
| 1997 | Taree HS |
| 1998 | Mackellar Girls HS |
| 1999 | Blaxland HS |
| 2000 | Sydney Girls HS |
| 2001 | Maclean HS |
| 2002 | Maclean HS |
| 2003 | Maclean HS |
| 2004 | South Grafton HS |
| 2005 | South Grafton HS |
| 2006 | Maclean HS |
| 2007 | Maclean HS |
| 2008 | North Sydney Girls HS |
| 2010 | Mackellar Girls HS |
| 2011 | Merewether HS |
| 2013 | Maclean HS |
| 2014 | Maclean HS |

Mens U15 Single Scull

| | |
|---|----------------------|
| 2000 | |
| 2001 | Taree HS |
| 2002 | South Grafton HS |
| Reclassified Mens U16 Single Scull | |
| 2003 | Sydney Boys HS |
| 2004 | Wollumbin HS |
| 2005 | Maclean HS |
| 2006 | Blaxland HS |
| 2007 | Maclean HS |
| 2008 | Maclean HS |
| 2010 | Maclean HS |
| 2011 | Sydney Boys HS |
| 2013 | Grafton HS |
| 2014 | Maitland Grossman HS |

SCHOOLGIRL POINTSCORE**Jan Cox Trophy**

| | |
|------|-------------------------|
| 1965 | Grafton HS |
| 1966 | Grafton HS |
| 1967 | Nepean HS |
| 1968 | Nepean HS |
| 1969 | Nepean HS |
| 1970 | Nepean HS |
| 1971 | Nepean HS |
| 1972 | Taree HS |
| 1973 | Nepean HS |
| 1974 | Grafton HS |
| 1975 | Grafton HS |
| 1976 | Grafton HS |
| 1977 | Grafton HS |
| 1989 | |
| 1990 | |
| 1991 | Maclean HS |
| 1992 | North Sydney Girls HS |
| 1993 | Sydney Girls HS |
| 1994 | Sydney Girls/Maclean HS |
| 1995 | Sydney Girls |
| 1996 | Maclean HS / Taree HS |
| 1997 | Taree HS |
| 1998 | Taree HS |
| 1999 | South Grafton HS |
| 2000 | South Grafton HS |
| 2001 | Taree HS |
| 2002 | South Grafton HS |
| 2003 | South Grafton HS |
| 2004 | South Grafton HS |
| 2005 | Maclean HS |
| 2006 | Maclean HS |
| 2007 | Maclean HS |
| 2008 | Maclean HS |
| 2010 | Maclean HS |
| 2011 | Maclean HS |
| 2013 | Sydney Girls HS |
| 2014 | Sydney Girls HS |

SCHOOLBOY POINTSCORE**-originally NSWRA Perpetual Trophy**

| | |
|------|------------------|
| 1985 | Maclean HS |
| 1986 | Grafton HS |
| 1987 | Sydney Boys HS |
| 1988 | Grafton HS |
| 1989 | Sydney Boys HS |
| 1990 | Sydney Boys HS |
| 1991 | . |
| 1992 | Sydney Boys HS |
| 1993 | Sydney Boys HS |
| 1994 | . |
| 1995 | . |
| 1996 | . |
| 1997 | . |
| 1998 | South Grafton HS |
| 1999 | South Grafton HS |
| 2000 | South Grafton HS |
| 2001 | South Grafton HS |
| 2002 | South Grafton HS |
| 2003 | Sydney Boys HS |
| 2004 | Sydney Boys HS. |
| 2005 | Sydney Boys HS |
| 2006 | Sydney Boys HS |
| 2007 | Sydney Boys HS |
| 2008 | Sydney Boys HS |
| 2010 | Sydney Boys HS |
| 2011 | Sydney Boys HS |
| 2013 | Sydney Boys HS |
| 2014 | Sydney Boys HS |

CHAMPIONSHIP SCHOOL**NSWRA Perpetual Trophy**

| | |
|------|----------------------|
| 1978 | Homebush Boys HS |
| 1979 | Sydney Boys HS |
| 1980 | North Sydney Boys HS |
| 1981 | Telopea Park HS |
| 1982 | . |
| 1983 | South Grafton HS |
| 1984 | Penrith HS |
| 1985 | Sydney Boys HS |
| 1986 | Penrith HS |
| 1987 | Sydney Boys HS |
| 1988 | Sydney Boys |

Peter Bond Cup (renamed after female students competed in CHS)

| | |
|------|------------------|
| 1979 | Taree HS |
| 1980 | Nepean HS |
| 1981 | Taree HS |
| 1982 | Sydney Boys HS |
| 1983 | Sydney Boys HS |
| 1984 | Nepean HS |
| 1985 | Maclean HS |
| 1986 | Grafton HS |
| 1987 | Grafton HS |
| 1988 | Grafton HS |
| 1989 | Grafton HS |
| 1990 | Maclean HS |
| 1991 | Maclean HS |
| 1992 | Sydney Boys HS |
| 1993 | Sydney Boys HS |
| 1994 | Maclean HS |
| 1995 | Maclean HS |
| 1996 | |
| 1997 | Grafton HS |
| 1998 | |
| 1999 | South Grafton HS |
| 2000 | South Grafton HS |
| 2001 | South Grafton HS |
| 2002 | South Grafton HS |
| 2003 | South Grafton HS |
| 2004 | South Grafton HS |
| 2005 | Maclean HS |
| 2006 | Sydney Boys HS |
| 2007 | Maclean HS |
| 2008 | Maclean HS |
| 2010 | Maclean HS |
| 2011 | Maclean HS |
| 2013 | Sydney Boys HS |
| 2014 | Sydney Boys HS |

TERRY BASKETT MEMORIAL TROPHY*Outstanding Junior Competitor*

| | | |
|------|-----------------|-----------------|
| 2013 | Charlotte Trent | Sydney Girls HS |
| 2014 | Charlotte Trent | Sydney Girls HS |

GABRIELLE PRITCHARD AWARD*- Outstanding Female Competitor*

| | | |
|------|------------------------------------|---------------------------------|
| 1991 | R Karstens | Macleans HS |
| 1992 | Helena Fisher | Nth Sydney Girls |
| 1993 | Helena Fisher | Nth Sydney Girls |
| 1994 | Janna Brisby | Murwillumbah HS |
| 1995 | Lana Sankey Leith Johnson | Jamison HS |
| 1996 | Kyrsten Winkley | Taree HS |
| 1997 | Kyrsten Winkley | Taree HS |
| 1998 | Anna Seale | Mackellar Girls |
| 1999 | Kate Morphet | Blaxland HS |
| 2000 | Elizabeth Lang | South Grafton HS |
| 2001 | Nikki Anderson | Taree HS |
| 2002 | Sarah Eke | Macleans HS |
| 2003 | Melissa Bowling | South Grafton HS |
| 2004 | Sarah Eke Rachael See | Macleans HS Macleans HS |
| 2005 | Ashleigh Peppernell Angela Eke | South Grafton HS Macleans HS |
| 2006 | Nicole Depiante Johanna Tarrant | Grafton HS |
| | Briony Cole | Sydney Girls HS |
| 2007 | Yvette Salmon Leah Saunders | Macleans HS |
| 2008 | | |
| 2010 | Sarah Jones | Grafton HS |
| 2011 | | |
| 2013 | Teagan McFarlane | Macleans HS |
| 2014 | Chianna Dane | Macleans HS |

REG GALVIN AWARD*- Outstanding Male Competitor*

| | | |
|------|----------------------------------|------------------------------------|
| 1995 | Nathan Kraft | Macleans HS |
| 1996 | Nathan Kraft | Macleans HS |
| 1997 | Greg Essex | Macleans HS |
| 1998 | Thomas Richards | Irrawang HS |
| 1999 | Matt Hellyer | Macleans HS |
| 2000 | Matt Hellyer | Macleans HS |
| 2001 | Daniel Lang Matt Hellyer | South Grafton HS Macleans HS |
| 2002 | Daniel Lang Luke Joplin | South Grafton HS Taree HS |
| 2003 | Daniel Lang T Hoare | South Grafton HS Sydney Boys HS |
| 2004 | Lewis Hemphill Liam Bennett | Grafton HS Sydney Boys HS |
| 2005 | Lewis Hemphill | Grafton HS |
| 2006 | Lewis Hemphill | Grafton HS |
| 2007 | Lewis Hemphill Joshua Linegar | Grafton HS Sydney Boys |
| 2008 | | |
| 2010 | Isaac Bolton | Macleans HS |
| 2011 | Cameron Kitcher | Grafton HS |
| 2013 | Richie Daniel | Grafton HS |
| 2014 | Steve Conninos | Sydney Boys HS |

NSWCHSSA LIFE MEMBERS - ROWING

| | | | |
|-------------|---|---|---|
| 1998 | <i>Jim Timmins Noel Everson Elwyn Taylor Ken Maughan Harold Kratz</i> | <i>South Grafton HS Lower Clarence Rowing Club Gloucester HS Grafton Rowing Club Lower Clarence Rowing Club</i> | <i>Maclean HS Grafton HS Maclean HS</i> |
| 2000 | <i>Murray Clarke Graham Nix Ray Toovey</i> | <i>University of NSW RC Manning River Rowing Club South Grafton HS Rowing Club</i> | <i>Sydney Girls HS Taree HS South Grafton HS</i> |
| 2001 | <i>Bob Gray Graeme Essex Ken Siddall Malcolm Price</i> | <i>Lower Clarence Rowing Club Lower Clarence Rowing Club Murwillumbah HS Murwillumbah Rowing Club</i> | <i>Maclean HS Maclean HS Murwillumbah HS</i> |
| 2003 | <i>Con Barris Mark Gainford Neill McLennan</i> | <i>Sydney Boys HS Sydney Boys HS Lower Clarence Rowing Club</i> | <i> Maclean HS</i> |
| 2004 | <i>Bronwyn Opferkuch Lindsay Callaghan</i> | <i>Sydney Boys HS</i> | |
| 2005 | <i>Colin Lang Con Zamagias</i> | <i>South Grafton HS Sydney Girls HS</i> | |
| 2006 | <i>John Lauder</i> | <i>Taree HS</i> | |
| 2007 | <i>Owen Nix</i> | <i>Manning River Rowing Club</i> | |
| 2008 | <i>Betty Bogdanek</i> | <i>Lower Clarence Rowing Club</i> | <i>Maclean HS</i> |
| 2011 | <i>Robyn Lauder</i> | <i>Taree HS (Retired)</i> | |
| 2014 | <i>Terry Vercoe</i> | <i>NSWCHSSA Gold Life</i> | <i>Convener South Grafton HS Jonee HS</i> |

NSWCHSSA ROWING 'BLUE' RECIPIENTS

| | | | | |
|------|---------------------------------|--|---------------------------------|--------------|
| 1967 | Isla Lee | Ron Chittick Richmond River High School | John Macqueen | Brian Gibson |
| 1968 | D Young Vaucluse HS | | | |
| 1978 | Karen Williamson Malvina HS | | | |
| 1980 | Murray Doust Taree HS | | | |
| 1981 | Marilyn Kidd Nepean HS | J Emmerton Taree HS | | |
| 1982 | P James Taree HS | M Coleman Taree HS | J Yealland Homebush HS | |
| 1983 | S Calvin Taree HS | S Dadd Sydney Boys HS | | |
| 1984 | K Meyers Nepean HS | A Payne Nepean HS | | |
| 1985 | E Seargeant Nepean HS | | | |
| 1987 | Bronwyn Opferkuch Grafton HS | Toni-Lee Wright Grafton HS | A Horst Nepean HS | |
| 1988 | Alison Fish Grafton HS | Mandy Norris Grafton HS | | |
| 1989 | Jennifer Clarke Gynea HS | | | |
| 1991 | David Cameron Maclean HS | | | |
| 1993 | Jim Shipway Carlingford HS | | | |
| 1994 | Dina Murray Sydney Girls HS | Simon Gray Nepean HS | Jason Robinson Maclean HS | |
| 1995 | Leith Johanson Jamison HS | Karl Parker Jamison HS | Meghann Russell Kingswood HS | |
| 1996 | Anna Roberts Sydney Girls HS | Krysten Winkley Taree HS | Nathan Kraft Maclean HS | |

| | | | | |
|------|---|--|--|--|
| 1998 | <i>Anna Searle Mackellar Girls HS</i> | <i>Kate Morphett Blaxland HS</i> | <i>Tom Laurich Barrenjoey HS</i> | <i>Lachlan Richards Irrawang HS</i> |
| 1999 | <i>Keely McNamara Fort Street Girls HS</i> | <i>Nicole Packham Heathcote HS</i> | <i>James Lang South Grafton HS</i> | <i>Chris Johansson Kirrawee HS</i> |
| 2000 | <i>Sandi Crisp Taree HS</i> | <i>Kristy-Lee Watson Cambridge Park HS</i> | <i>Luke McBeath Grafton HS</i> | <i>Hamish Scott- Sydney Boys HS</i> |
| 2001 | <i>Janelle Austin Taree HS</i> | <i>Jane Reynolds Kotara HS</i> | <i>Chris Hellyer Maclean HS</i> | |
| 2002 | <i>Melissa Ryan Woolooware HS</i> | <i>Rachel Melrose Caringbah HS</i> | <i>Matthew Hellyer Maclean HS</i> | <i>Toby Medaris Blaxland HS</i> |
| 2003 | <i>Kylie-Ann Duff Maclean HS</i> | <i>Sarah Eke Maclean HS</i> | <i>Douglas McKenzie Maclean HS</i> | <i>Hugh McLeod Newcastle HS</i> |
| 2004 | <i>Martina Smidt Maclean HS</i> | <i>Karle Bowling South Grafton HS</i> | <i>James Harding Elderslie HS</i> | <i>Liam Bennett Sydney Boys HS</i> |
| 2005 | <i>Natalie Matthews Cambridge Park HS</i> | <i>Nicola Bartos Sydney Girls HS</i> | <i>Daniel Lang South Grafton HS</i> | <i>Joshua Scharfegger Sydney Boys HS</i> |
| 2006 | <i>Yvette Salmon Sydney Girls HS</i> | <i>Bryony Cole Sydney Girls HS</i> | <i>Caderyn Neville Northern Beaches SC</i> | <i>Atilla Szabo Sydney Boys HS</i> |
| 2007 | <i>Ashleigh Peppernell South Grafton HS</i> | <i>Steffanee Colgrave South Grafton HS</i> | <i>Lewis Hemphill Grafton HS</i> | |
| 2008 | | | <i>Brendan Fischer Maclean HS</i> | |
| 2010 | <i>Sarah Jones Grafton HS</i> | <i>Joanna Tarrant Grafton HS</i> | <i>Isaac Bolton Maclean HS</i> | |
| 2011 | <i>Victoria Delipetar Jamison HS</i> | <i>Cameron Kitcher Grafton HS</i> | | |
| 2013 | <i>Teagan McFarlane Maclean HS</i> | <i>Gemma Dane Maclean HS</i> | <i>Odin Mackintosh Merewether HS</i> | |
| 2014 | <i>Chianna Dane Maclean HS</i> | <i>Romola Davenport Sydney Girls HS</i> | <i>Steve Comminos Sydney Boys HS</i> | <i>Maxwell Duignan Penrith HS</i> |